

## **Social Work Services**

### *At Alvord Brain Tumor Center*

A social worker can help you and your loved ones while you are receiving care at the Alvord Brain Tumor Center (ABTC).

Please meet with our social worker for a **treatment support planning visit**. Schedule this visit at the clinic front desk or by calling 206.598.2282 and pressing 1.



*Your ABTC social worker can meet with you and your loved ones.*

### **How can a social worker help?**

When you meet with our ABTC social worker, you have access to:

- Emotional support for patients and loved ones:
  - Planning and preparing for going through cancer treatment
  - Talking with family and friends about illness
  - Counseling information and referral
- Help with caregiving options:
  - Home health referrals
  - Respite care resources
  - In-home care options
- Quality of life resources:
  - Transportation options and resources
  - Seattle area lodging options
  - Advance care planning (durable power of attorney, advance directives, living wills)
  - Palliative care and hospice options

- Legal documents and issues:
  - Advance directive documents
  - Durable power of attorney
  - Workplace rights for patients with cancer
- Financial and insurance information and resources:
  - Local financial aid programs
  - Social Security Disability benefits
  - Grant and foundation funds
  - Medicare and Medicaid information
- Support services:
  - Peer support resources
  - Local and online support groups
  - Caregiver support resources
  - Local education classes

## Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

### To talk with a nurse:

Weekdays from 8 a.m. to 5 p.m., call 206.598.2282 and select option #2.

After hours and on weekends and holidays, call our Community Care Line at 206.598.3300.