

After Your Manometry of the Esophagus

Self-care and warning signs

This handout gives instructions to follow after having a manometry of the esophagus.

Self-care

- You may resume eating as usual when it feels OK to swallow.
- You may have a mild sore throat for a few hours after your manometry. Use throat lozenges to help ease this soreness.
- If you are also having a 24-hour pH study, please follow the instructions you received.

When to Call

It is rare to have problems after having this procedure. But, call one of the numbers below **right away** if you have:

- Fever of 100.5°F (38°C) or higher
- Unusual pain in your chest or abdomen
- A hard time moving your neck or swallowing
- Blood in your stool or you are vomiting blood

Who to Call

- On clinic days from 7 a.m. to 5 p.m., call the Center for Esophageal and Gastric Surgery Lab, 206.598.7350.
- After hours and on weekends and holidays, call 206.598.6190 and ask for the “Surgery O” team member on call to be paged.



Call one of the numbers under “Who to Call” if you have any of the symptoms listed in this handout.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Center for Esophageal and Gastric Surgery
Lab: 206.598.7350