

Alternate Access TAVR CareMap (Transapical, Subclavian, Transaortic)

Your care plan may differ

	Day 0: Day of Surgery	Day 1	Day 2	Day 3	Day 4	Day 5: Day of Discharge
	Moved to Cardiac ICU after surgery	☐ Chest tubes may be removed (transapical or transaortic only)	☐ Move from ICU to unit, when bed open	☐ Have a chest X-ray	☐ Learn how to care for wound	☐ At goal fluid levels
	Pain under control Off breathing tube or ventilator	☐ Take medicines by ••• mouth, if able	☐ Take home medicines	••••••	•••••••••••••••••••••••••••••••••••••••	☐ Follow-up appointment scheduled
	Bed Rest rest	☐ Begin eating, if able	☐ Advance diet, as able	☐ Eat regular meals •••• ☐ Wound clean and dry•	·	
Care Milestones □	Out of bed to chair, move in room if	□ Working to reach goal	☐ Progress activities ⋯ of daily living (ADLs)	Activity Guidelines	·····	☐ Reach final goal weight
	blood pressure is stable	weight LLL	following movement guidelines from PT and OT	*	☐ Receive anticoagulation plan for discharge	□ Patient and family education on follow-up appointment, knowing who and when to call after leaving the hospital
			Out of bed to chair · · · 3 times a day		☐ Caregiver training	
	Consume ice chips, if able Family consultation	distances in hall 3 times a day, going farther each day	*		☐ Discharge date and	☐ Able to move safely within precautions
	with surgeon after surgery	Assisted Bath		□ Shower	plan confirmed	☐ Shower and dress in
	Family Consult	bath		training with OT		own clothes within precautions Receive equipment
		☐ Occupational Therapy (OT) and Physical Therapy (PT) evaluation	Family Consult	☐ Family teaching on left thoracotomy and wound care management	Family Consult	(if needed) ☐ Discharge from the hospital
		☐ Patient and family ··· learn about mobility precautions, wound care, diet, and medicines	☐ Talk about discharge • goals and where			Discharge
		modionics	you will go			