



新生儿的警告信号

如出现本章列出的警告信号，您需要联系新生儿的诊所、医生或 9-1-1。

如有下列症状请打 9-1-1:

- 您对宝宝的健康有紧急的顾虑。
- 诊所已下班但您认为宝宝的问题不能等。

如您的宝宝有下列症状请即刻与诊所联系:

- 腋下体温是华氏 100.4°F、即摄氏 (38°C) 或更高。
- 很难叫醒来吃奶、或看来太累了不想吃、不是很警觉、全身发软（肌肉松散）。
- 肚脐发红、发烫。
- 气短、呼吸困难、或呼吸急促几分钟。



如您有任何的顾虑，请与宝宝的诊所联系。

如您的宝宝有下列症状请在 24 小时内与诊所联系:

- 您还没有预约宝宝第 3 天、4 天或第 5 天的门诊时间。或您不清楚预约的时间。

此次的门诊是很重要的。将秤宝宝的体重。通常、初生儿在出生后几天内、排尿、排便的次数会增加。但从排尿排便的次数并不能代表您的宝宝吃了多少。一定要看宝宝的体重才知道。

- 您的宝宝在喂乳后好像还没吃饱。
- 您的宝宝没有在 24 小时内最少喂 8 次母乳（或在 24 小时内最少喂 6 次配方奶）。
- 您宝宝的皮肤或眼睛越来越黄。
- 您宝宝经常咳嗽、或吃奶时经常呛到。

- 您宝宝吐绿色的液体、或每天呕吐两次以上、或上吐下泻。（呕吐是指胃里的奶“喷出来。”）
- 您认为宝宝的问题不能等到下次门诊。

您有疑问吗？

我们很重视您的提问。如您有任何疑问或顾虑、请于您宝宝的医护人员联系。

如您有医疗上的紧急事故、请打 9-1-1.

Newborn Warning Signs

This chapter lists warning signs that require a call to your newborn's clinic, care provider, or 9-1-1.

Call 9-1-1 if:

- You have an urgent concern about your baby's health.
- The clinic is closed and your baby has a problem that you feel cannot wait.

Call your baby's clinic right away if your baby has:

- An underarm temperature of 100.4°F (38°C) or higher.
- A hard time waking up for feedings or seems too tired to eat, is not interested in eating, is rarely alert, and is floppy (weak muscle tone).
- A belly button that is red or hot.
- Shortness of breath, a hard time breathing, or is breathing fast for several minutes.



Call your baby's clinic if you have concerns.

Call your baby's clinic within 24 hours if:

- You do not already have a clinic visit scheduled with your baby's health care provider on day 3, 4, or 5, or you do not know if you do.

This visit is very important. Your baby will be weighed at this visit. Most times, the number of a newborn's pees and poops increases over the first few days of life. But how often your baby pees and poops does not always tell you how much your baby is eating. Your baby's weight is the only way to know this.

- Your baby does not seem satisfied after feedings.
- Your baby is not breastfeeding at least 8 times in 24 hours (or bottle-feeding at least 6 times in 24 hours).
- Your baby's skin or eyes are turning more and more yellow.

- Your baby coughs a lot, or chokes a lot during feedings.
- Your baby vomits green liquid, vomits more than 2 times in a day, or vomits and has diarrhea. (Vomiting is when the stomach contents "shoot out.")
- Your baby has a problem you feel cannot wait until your baby's next clinic visit.

Questions?

Your questions are important. Call your baby's health care provider if you have questions or concerns.

If you have a medical emergency, call 9-1-1.