



UW Medicine

新生儿的“8个安全事项”

在您住院期间

这些“8个安全事项”是我们婴儿安全措施的一部分。它有助于防止跌倒和危险的呼吸问题。

请阅读本章、签名并注明日期、然后撕下页面并交给护士。您签字就是告诉我们您在医院时已阅读、理解并同意按照这些“8个安全事项”照顾宝宝、以确保婴儿安全。

您阅读并签署本章后、我们会把它放在您宝宝的病历中。它让我们知道已向您提供了此重要信息。

1. **移动您的宝宝：**在住院期间、如要移动宝宝、**一定要**使用婴儿移动床。包括您离开房间的时间。不要将宝宝抱在怀里。
2. **关注护士有照片的身份牌上的色带：**色带确认您的护士是在医院的产科（OB）工作人员：
 - 产科（OB）护士是**粉红色带**。
 - 产科（OB）的资源团队是**深蓝色带**
3. **睡眠的姿势：**务必让宝宝仰卧。
4. **不可共寝：**务必把宝宝放在婴儿床睡。切勿让宝宝在您的床上与您共寝。
5. **睡在婴儿床：**切勿在宝宝的婴儿床内放毯子、枕头、玩具。
6. **房间的安全：**将婴儿床放在我们储藏安全仪器柜的旁边。地面不要堆放个人物件。
7. **婴儿的安全：**将所有名牌环带留在宝宝身上。
8. **安全地裹紧宝宝：**安全裹好宝宝。请按照“名牌环带和长方形裹布”一章中的说明来裹好宝宝、或使用可穿戴的毯子。

安全





我已阅读，理解并同意在医院中遵循“8个安全事项”、以确保婴儿安全。

Name 姓名

Date 日期

在您签署此页后，请撕下并交给您的护士。我们会将它保存在您的病历中，以确认您已收到并同意按照“8个安全事项”在医院安全地照顾婴儿护理。

现在，请回到本手册的目录并勾选此题材的框框，以便让护士知道您已经阅读了本章。

您有疑问吗？

我们很重视您的提问。如有疑问或顾虑，请与您的护士或医生交谈。

UW Medicine

Newborn “Safe 8”*While you are in the hospital*

These “Safe 8” steps are part of our infant security plan. They help prevent falls, and dangerous breathing problems.

Please read this chapter, sign and date it, then tear out the page and give it to your nurse. When you sign this, it tells us you have read, understood, and agree to follow these “Safe 8” steps for baby safety while you are in the hospital.

SAFE



After you read and sign this chapter, we will place this page in your baby’s chart. It helps us know that we gave you this important information.

1. **Moving your baby:** While you are in the hospital, **always** use the rolling crib to move your baby. This includes when you leave your room. Do **not** carry baby in your arms.
2. **Look for the color band on your nurse’s photo ID:** These bands confirm that your nurse is on the Obstetrics (OB) staff at the hospital:
 - OB nurses have **pink bands**.
 - Members of the OB Resource Team have **dark blue bands**.
3. **Sleep positions:** Always place your baby on their back to sleep.
4. **No shared sleeping:** Always put your baby in a crib to sleep. Do **not** let your baby sleep in bed with you.
5. **Crib sleeping:** Do not place any loose blankets, pillows, or toys in your baby’s crib.
6. **Room safety:** Keep your baby’s crib near the cabinet where our safety equipment is stored. Keep the floor clear of belongings.



After you sign this page, please tear it out and give it to your nurse. We will keep it in your medical record to verify that you received and agreed to follow the “Safe 8” steps for baby safety in the hospital.

7. **Infant security:** Leave all the ID bands in place on your baby.
8. **Swaddle safely:** Swaddle your baby as shown in the chapter “ID Bands and the Rectangle Wrap” or use a wearable blanket.

I have read, understand, and agree to follow the “Safe 8” steps for baby safety in the hospital.

Name

Date

Now, please go back to the Table of Contents in this workbook and check the box so your nurses will know you have read this chapter.

Questions?

Your questions are important. Talk with your nurse or doctor if you have questions or concerns.