

Bioenergy Treatments

At University of Washington Medical Center

This handout describes how to request and what to expect from having bioenergy treatments at UWMC.

This handout gives information about this treatment, including risks and benefits. This material is in addition to the talks you have with the practitioners. Please read this handout closely before signing a consent form.

About this Service

The Bioenergy Treatment Service at UWMC:

- Offers *bioenergy* treatments to patients (except psychiatric patients), their relatives, friends, and caregivers, and UWMC staff
- Uses the laying-on of hands similar to Reiki and Therapeutic Touch
- Provides services on UWMC premises only; distance treatments are not available
- Is staffed by UWMC medical personnel
- Is free of charge and not linked to any religion or dogma
- Is available 24 hours a day all year round, based on when practitioners are available



Bioenergy treatments can be “light touch” or “non-touch.”

Bioenergy treatments complement but do not replace medical treatment. You will be asked to sign a consent form before receiving treatment.

Making donations, or selling goods of any kind in connection with this service, is not allowed.

How do I request a treatment?

If you want to receive bioenergy treatments or learn more about them, please contact the Bioenergy Treatment Service yourself, or ask your nurse, relative, or friend to contact us.

To contact the Bioenergy Treatment Service:

- Call 206.616.4731. (You will most likely need to leave a message.)
- Send an email to bioenerg@u.washington.edu.
- Mail your request to University of Washington Medical Center, Bioenergy Treatment Service, AA-216 D, 1959 N.E. Pacific St., Seattle, WA 98195.
- Visit <http://depts.washington.edu/bioenerg>.

When you contact us, please include the patient's name, hospital number (if you know it), unit name, and room number at UWMC. Because all Bioenergy Treatment Services practitioners must first fulfill their clinical duties before they can fill requests for bioenergy treatments, we may not be able to respond to your request for a bioenergy treatment on the same day you contact us. But, we will contact you as soon as we can.

How are treatments done?

- The kind and length of bioenergy treatment sessions may vary. You and the practitioner will agree on this before treatment begins. The practitioner will offer you "light touch" or "non-touch" treatments. Please tell the practitioner if you want only "non-touch" treatments!
- After the practitioner has finished a treatment session, they will leave the room quietly to give you time to integrate the energies you received.
- If you have more than one treatment, you may not have the same practitioner each time. You may ask for treatments by certain practitioners only, but that may result in you getting fewer treatments.
- You or the Bioenergy Treatment Service practitioner can stop any bioenergy treatments at any time.
 - If you want to stop, you do not need to give any reason.
 - If your practitioner decides to stop, they will explain to you why they think the treatment is no longer appropriate.

Questions?

Call 206.616.4731. Most times, you will leave a voice message and one of our staff will contact you as soon as possible. Give the patient's name, hospital number (if you know it), unit name, and room number.

Your questions are important. Call your doctor or other UWMC healthcare provider if you have questions or concerns.

Bioenergy Treatment Service: 206.616.4731

Email:
bioenerg@u.washington.edu

Website:
<http://depts.washington.edu/bioenerg>

What are the benefits of this treatment?

After a treatment, you may have a feeling of greater well-being. You may also have some relief from pain. The chance of having these results cannot be measured. Bioenergy Treatment Service practitioners cannot guarantee you will receive any of these benefits.

What are the possible risks and complications?

No treatment is completely risk-free. Before you have this treatment, please be aware that emotions may surface during or after a treatment. There may also be other risks that Bioenergy Treatment Service practitioners cannot foresee.