



2017年12月

UW Medicine 目录 哺乳

	我已经阅读 了此章节	我的护士已与 我"返馈" 了此章节
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让宝宝紧贴您的乳房		
乳头疼痛		
哺乳的常见问题		
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抽取乳液及母乳的储存		
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亲哺期间使用这些物品安全吗?		
母乳哺养的资源		
有疑问时可以与谁联系		封底







联系电话

宝宝的诊所

如您对宝宝的健康有任何顾虑,可以随时致电宝宝的诊所。如是在下班后,录音会告诉您该怎么做。

<u>坪</u> 归,来自云百 外心 (以心公似。
宝宝的诊所:
电话:
哺乳的协助
华大医疗中心蒙特湖院区(UWMC)哺乳服务部206.598.4628
罗斯福哺乳顾问Roosevelt Lactation Consultant 206.598.3030
西北医院哺乳团队NW Hospital Breastfeeding Group 206.368.1882
山谷医疗中心Valley Medical Center Lactation 425.228.3440, ext. 2526
妇婴童WIC项目的客户
妇婴童项目WIC (妇女, 婴儿及儿童)
妇婴童WIC 项目的许多办事处,为回去工作或上学,或基于健康原因需要抽乳的客户提供吸乳器借贷计划。要了解更多信息,请上网: www.doh.wa.gov/YouandYourFamily/WIC.aspx.
www.uon.wa.gov/ rouana rourfamiliv/ wrc.asox.

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UW Medicine | Breastfeeding *In the hospital and at home*



December 2017

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Who to Call

Your Baby's Clinic

Call your baby's clinic any time if you have concerns about your baby's health. If it is after hours, a recording will tell you what to do. Your pediatric clinic: Phone: **Breastfeeding Help** UWMC Lactation Services......206.598.4628 Roosevelt Lactation Consultant 206.598.3030 NW Hospital Breastfeeding Group206.368.1882 Valley Medical Center Lactation425.228.3440, ext. 2526 **WIC Clients** WIC (Women, Infants and Children)...... 800.322.2588

Many WIC offices have breast pump loaner programs for their clients who are returning to work or school, or need to pump for health reasons. To learn more, visit www.doh.wa.gov/ YouandYourFamily/WIC.aspx.