

UW Medicine

# Breastfeeding

*In the hospital and at home*



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UW Medicine

**Table of Contents**  
*Breastfeeding*

	I have reviewed this chapter	My nurse did “teach back” with me about this chapter
Your Breastfeeding Plan of Care	<input type="checkbox"/>	<input type="checkbox"/>
Attaching Your Baby to Your Breast	<input type="checkbox"/>	<input type="checkbox"/>
Sore Nipples	<input type="checkbox"/>	<input type="checkbox"/>
Common Concerns About Breastfeeding	<input type="checkbox"/>	<input type="checkbox"/>
Comfort Measures for Engorgement	<input type="checkbox"/>	<input type="checkbox"/>
Expressing and Storing Breast Milk	<input type="checkbox"/>	<input type="checkbox"/>
How Is Breastfeeding Going?	<input type="checkbox"/>	<input type="checkbox"/>
Is This Safe to Take While Breastfeeding?	<input type="checkbox"/>	<input type="checkbox"/>
Breastfeeding Resources	<input type="checkbox"/>	<input type="checkbox"/>
<i>Who to Call</i>		<i>Back cover</i>





## Who to Call

### Your Baby's Clinic

Call your baby's clinic any time if you have concerns about your baby's health. If it is after hours, a recording will tell you what to do.

Your pediatric clinic: \_\_\_\_\_

Phone: \_\_\_\_\_

### Breastfeeding Help

UWMC Lactation Services.....206.598.4628

Roosevelt Lactation Consultant ..... 206.598.3030

NW Hospital Breastfeeding Group .....206.368.1882

Valley Medical Center Lactation .....425.228.3440, ext. 2526

### WIC Clients

WIC (Women, Infants and Children)..... 800.322.2588

Many WIC offices have breast pump loaner programs for their clients who are returning to work or school, or need to pump for health reasons. To learn more, visit [www.doh.wa.gov/YouandYourFamily/WIC.aspx](http://www.doh.wa.gov/YouandYourFamily/WIC.aspx).