

When to Call, for Patients Taking Warfarin (Coumadin)

This section of the Congenital Heart Conditions notebook tells patients who are taking warfarin (Coumadin) when to call the Anticoagulation Clinic.

University of Washington Medical Center Anticoagulation Clinic

Phone: 206-598-4874

Website: www.uwmcacc.org

Call the Anticoagulation Clinic at 206-598-4874 If:

- You miss a dose of warfarin (Coumadin).
- There is a change in your current medicines. This includes prescription medicines, over-the-counter medicines, herbal or natural products, vitamins, and supplements.
- You eat more or less than your usual amount of foods that contain vitamin K.
- You notice any unusual bleeding or bleeding that lasts longer than usual. This includes red or dark brown urine; red or dark tarry stools; or nosebleeds that last longer than 5 minutes.
- You have a lot of bruising.
- You are scheduled to have a dental procedure, surgery, or other invasive procedure that could cause bleeding.
- Your new warfarin tablets look different than your old tablets when you refill your prescription.
- Anyone tells you to stop or change your warfarin therapy in any way.
- You are pregnant or planning to get pregnant.
- You have any questions about your warfarin therapy.



Spinach and other green leafy vegetables contain large amounts of vitamin K.

Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Regional Heart Center
Adult Congenital Heart
Disease Program:
206-598-1764

In Case of Emergency

- **Call 9-1-1 right away.**