

What are the benefits for me and my child?

A visit to our clinic may:

- Reassure you that your child is on target in their development, or
- Help you be aware of issues so you can take action to keep them from becoming a problem

After your clinic visit, we will:

- Give you a detailed report of your child's developmental, cognitive, and behavioral strengths and weaknesses
- Suggest ways to enhance your child's development
- Provide information on school readiness, peer relations, coping, resources, or other concerns

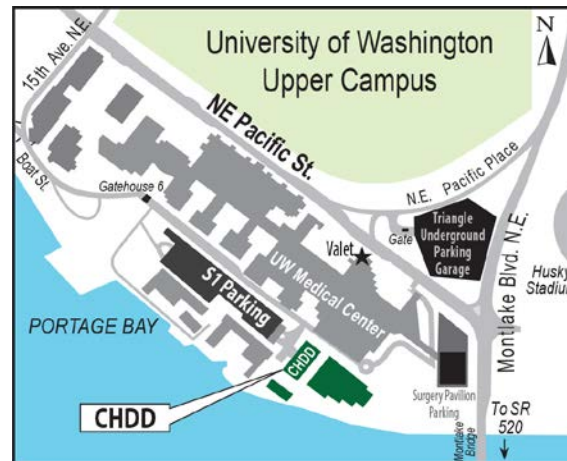
What are the costs?

Health insurance covers most clinic visits. Costs depend on the age of your child and how many specialists you see.

Please talk with your insurance company about what services they cover, what co-pays you will need to pay, and if you need authorization before your clinic visit.

Where is the clinic?

Our clinic is at the Center on Human Development and Disability (CHDD), just south of UW Medical Center (see map on back panel). Parking in the S1 parking garage costs \$15. We will reimburse you for this fee after your visit.



Questions?

To set up a time for your clinic visit, call 206.598.6710.

Please request an interpreter, if needed.

Location and parking information: <http://depts.washington.edu/chdd/gist/directions.html>

UW Medicine

UNIVERSITY OF WASHINGTON
MEDICAL CENTER



Center on Human Development
and Disability



Cardiac Neurodevelopmental Clinic

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Cardiac Neurodevelopmental Clinic

*At the Center on Human
Development and Disability*



UW Medicine

UNIVERSITY OF WASHINGTON
MEDICAL CENTER

What is the Cardiac Neurodevelopmental Clinic?

Some children with congenital heart disease are at risk for developmental problems. Our clinic helps find problems early, provides ongoing monitoring, and suggests treatments and therapies.

Some of the areas we can help with are:

- Motor and *cognitive* (thinking) skills
- Emotional, behavioral, and social development
- Feeding skills
- Speech and language development
- Play skills and *visual-spatial skills* (the ability to observe and work with objects in space)
- Learning and memory
- Being ready for school
- Problems in school
- Mood, attention, or focus



Does my child need to visit the clinic?

If your child had heart surgery before 1 year of age, the American Academy of Pediatrics and American Heart Association advise that your child have regular follow-up visits to check on their development throughout childhood and adolescence.

How does my child get referred?

All infants who have heart surgery at Seattle Children's Hospital before 1 year of age are referred to the Cardiac Neurodevelopmental Clinic by either their *cardiologist* (heart doctor) or their primary care provider. Your doctor might also refer your child to our clinic if they have other risk factors like a genetic syndrome or a long hospital stay.

Who will assess my child?

At your clinic visit, your child may see many experts on our care team:

- Developmental behavioral pediatrician
- Psychologist
- Nutritionist
- Social worker
- Audiologist
- Physical therapist
- Occupational therapist
- Speech therapist



How long do visits last?

The length of your clinic visit depends on how many specialists you see. Most visits last 2 to 3 hours. As a part of our program, you will bring your child for a visit every 6 months until your child is 3 years old. We will then assess your child every 1 to 3 years, into their high school years.

How does the clinic work with Early Intervention and school programs?

Early Intervention and public school programs provide services such as physical, occupational, and speech therapy. Our clinic identifies children who need these services. We can also suggest treatment goals for your child's team to work with.