

# Going Home with Your Aspira Drain

## What you need to know

*This handout explains how to care for your Aspira drain after it is placed.*

*Please see the materials in the folder you received, called “Patient Information: Aspira Drainage System”. The folder has a DVD, a “Drainage Instructions” poster, and a brochure with answers to common questions.*

*You can also visit the Aspira website at **myaspira.com**. The website provides videos on how to use the drain, information on how to order more supplies, and answers to commonly asked questions.*

## Important Information

- Supplies will be mailed to you after the drain has been placed. You will receive a call after your procedure. The vendor must call you to confirm your address and delivery instructions before the equipment can be sent to you. Please keep your phone on and be ready for the call.
- If you need more supplies or have questions regarding your delivery, you can call 877-688-2729 and the Aspira team will assist you.
- If you need additional supplies urgently, please call interventional radiology. See contact information below.

## Drainage Instructions

- Gather all your drainage supplies.
- Wash your hands well.
- Have your “Drainage Instructions” poster nearby so that you can refer to it.
- Review the DVD that was included in your patient information folder. Or watch the video online at myaspira.com.

## Draining Fluid

- Your doctor will tell you how often to drain fluid from your catheter and how much fluid to drain.
- Do **not** drain more than these amounts at any one time:
  - **From your chest:** No more than 1,000 mL or the amount recommended by your provider
  - **From your abdomen:** No more than 2,000 mL



Scan for a  
digital copy of  
this handout.

## When to Call

Call your healthcare provider if:

- You have pain that gets worse and is not relieved with your medicine
- You have bleeding or drainage from or around your Aspira drain
- You have chills or fever higher than 101.5°F (38.3°C)
- You have shortness of breath or chest pain
- The tube is dislodged or falls out
- The drainage bulb is attached and nothing comes out of the drain
- You run out of supplies and you need to drain urgently

## Who to Call

### University of Washington Medical Center and Northwest Hospital

Weekdays from 8 a.m. to 4:30 p.m., call the Interventional Radiology Department:

- Montlake: 206.598.6209, option 2
- Northwest: 206.598.6209, option 3

### Harborview Medical Center

Weekdays from 8 a.m. to 4:30 p.m., call the Interventional Radiology Department at 206.744.2857.ipsum

### Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

**UWMC – Montlake:**  
206.598.6209, option 2

**UWMC – Northwest:**  
206.598.6209, option 3

**Harborview Medical Center:**  
206.744.2857

### After hours and on weekends and holidays:

Call 206.598.6190 and ask to page the Interventional Radiology resident on call.