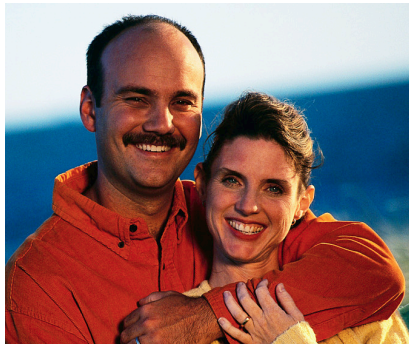
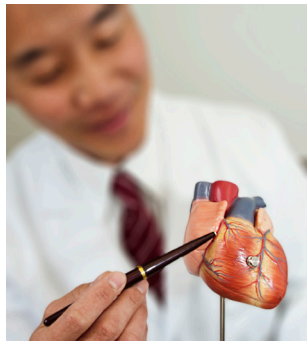


Heart Transplant Manual

Having a heart transplant at University of Washington Medical Center





Heart Transplant Manual

A resource for transplant patients

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Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Cardiology Clinic:
Weekdays 8 a.m. to 5 p.m.,
call 206-598-4300.

After hours and on weekends and holidays, call 206-744-2500. Say you are a heart transplant patient. A nurse will assess your problem and help you.

APPENDIX: Medicines

- Tacrolimus*
- Cyclosporine*
- Mycophenolate*
- Prednisone*
- Azathioprine*
- Valganciclovir*
- Acyclovir*



Introduction

To the Heart Transplant Manual

This manual gives patients and their caregivers information about heart transplants.

A heart transplant can be complicated, and it raises many issues and concerns that patients must deal with. It may be overwhelming at times, but we hope this manual will help make the process easier.

In this manual, we will explain many of these issues, including rejection, infections, physical therapy, nutrition concerns, social work services that are available to you, and the follow-up tests you will need to have to make sure that you are staying healthy. There is also a section about general health guidelines that answers many questions that transplant patients and their caregivers may have.

Please feel free to call the Cardiac Transplant Service at 206-598-8181 if you have any questions about the information in this manual. You may also refer to the list of phone numbers for various services and departments if you have specific questions. See the “Important Phone Numbers” section in this manual.

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