

High Blood Pressure in Pregnancy

When to call your health care provider

This handout gives signs and symptoms of high blood pressure (hypertension) during pregnancy.

Call your health care provider if:

- You gain weight quickly (more than 2 pounds in 1 week)
- Your hands or face are puffy
- Your vision changes (you see spots or have blurred vision)
- You have a headache that does not go away after resting or taking acetaminophen (Tylenol)
- You are suddenly urinating (peeing) less than usual
- You have pain under your ribs



It is important to watch your blood pressure while you are pregnant.

QUESTIONS?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Maternal and Infant Care
Clinic: 206-598-4070

Labor and Delivery:
206-598-4616