

Hip Arthroscopy

For femoroacetabular impingement

This handout explains a procedure called hip arthroscopy, which may be done to treat femoroacetabular impingement. It also details the “package price” offered by UW Medicine Sports Medicine Center for this procedure.

What is hip arthroscopy?

Hip arthroscopy is surgery that lets your doctor see your hip joint without making a large incision (cut) through your skin and other soft tissues. During hip arthroscopy, your surgeon inserts a small camera, called an *arthroscope*, into your hip joint. The camera shows pictures on a monitor. Your surgeon uses these images to guide the procedure.



Be sure to ask your provider any questions you have about hip arthroscopy.

The arthroscope and surgical instruments are very thin. Your surgeon can use very small incisions. This means you will have less pain and stiffness than if you had *open surgery*, which uses larger incisions. Arthroscopy also often shortens recovery time.

What is femoroacetabular impingement?

If you have *femoroacetabular impingement* (FAI), an extra bone has grown along one or both of the bones that form your hip joint. This means your bones no longer fit together well, and they rub against each other when you move. Over time, this condition causes joint damage, which is painful and limits your activity.

Is hip arthroscopy covered by insurance?

Some insurance plans do not cover hip arthroscopy. This is why we offer a discount called a **package price** for this surgery. If you choose the package price, you will pre-pay for the surgery. We will not bill your insurance or third-party payor.

How much is the package price?

The package price for our hip arthroscopy procedure is \$17,500. Services in the package price are “bundled.” This means that the price stays the same, even if services vary a little.

What does the package price include?

The hip arthroscopy package price includes:

- A clinic visit before surgery
- All parts of the surgery: surgeon’s fee, anesthesia and other medicines, imaging, surgical supplies, implants, and recovery room care
- 2 follow-up clinic visits
- X-rays that are done in the 2nd follow-up visit

What is not included?

- Our package price does not include crutches and a hip brace. The fee for these items is \$42 for the crutches and \$1064 for the hip brace, if not covered through your insurance. It will be billed by Pacific Medical.
- Most times, physical therapy is covered by insurance. But, we offer a separate package price for 20 physical therapy visits after surgery at the UW Sports Medicine Center. The cost of this package is \$4,203.
- The package price does not cover any problems that might occur after the procedure, any revision surgeries, or travel costs.

If you choose to use our package price, you can still receive emergency care from University of Washington Medical Center (UWMC), if needed. UWMC does not require a prepayment or deposit for emergency services.

Who is eligible for this package price?

We offer this package price **only** to patients whose insurance will not cover the entire hip arthroscopy.

Our surgeons will decide if your condition qualifies for this package. Sometimes, a patient needs a more complex procedure or different services than what is covered in the package price.

What are my next steps?

If you qualify for the package price, you must:

- Sign our “Package Price Contract.” The contract guarantees the quoted price for 60 days from the date you sign it.
- Pay the total amount **before** surgery. Payment is accepted at the cashier’s office on the 3rd floor (main level) of UWMC. You may pay by cash, check, credit or debit card, money order, or cashier’s check. After we receive your payment, we cannot give a refund, unless the surgery is cancelled.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UW Medicine Sports
Medicine Center: Call
206.598.3294 and press 2.