



My child is receiving birth-to-3 early intervention. Should we still come to this clinic?

Yes. Our services do not replace the ones provided by your child's doctor, birth-to-3 program, or public health nurse. Our in-depth assessments and specialists give you extra information about your child. We will send our reports to your child's doctor, birth-to-3 program, and other community providers as requested.

How long does a visit last?

Most children are seen by 2 or more specialists. Infant visits usually last 2 hours. Visits for older children last about 3 to 4 hours. You will be with your child the entire time.

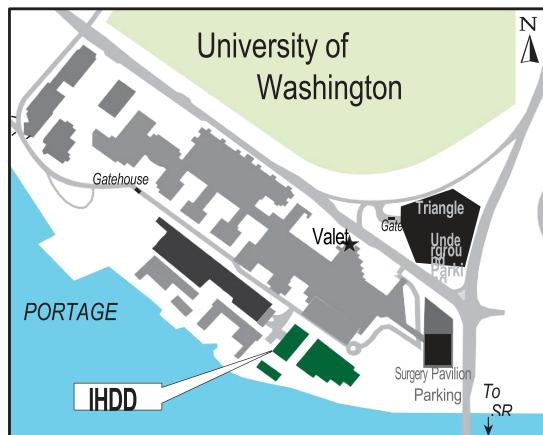
What are the costs?

Most health insurance policies will cover your visit. The cost for a visit depends on your child's age and how many specialists are involved.

Please contact your health insurance company to learn about services covered and co-pays. Ask if you need to get their authorization before your clinic visit.

Where is the clinic?

The Infant Development Follow-up Clinic is in the Institute on Human Development and Disability (IHDD). It is just south of University of Washington Medical Center.



Questions?

To make a referral or schedule an appointment at the clinic, please call:

Patient Services Coordinator
Infant Development Follow-up Clinic:
206.598.9348

Please request an interpreter, if needed.

Infant Development Follow-up Clinic

Box 357920
Street address:
1701 N.E. Columbia Rd.
Address for GPS devices:
1959 N.E. Pacific St., Seattle, WA 98195
206.598.9348

Infant Development Follow-up Clinic

at the Center on Human Development and Disability



*Every child is born with potential.
Every child deserves the chance to achieve it.
Our team can help.*

What is the Infant Development Follow-up Clinic?

For over 35 years, our team of specialists has worked with children who may be at risk for developmental problems. Our team works together to assess a child's health and development. We help connect families with resources if problems are found.

What are the benefits for me and my child?

- Your child will be checked regularly from age 3 months to 5 years.
- You will be able to ask experts questions. We can answer questions about child development, behavior, parenting, school readiness, learning, communication, or any other concern.
- You will get detailed feedback. We can provide suggestions, and activities to support your child's development.
- You will work with our specialists on a follow-up plan. We will provide referrals to community services as needed.



Who does the clinic serve?

Our clinic serves children who:

- Needed care in a NICU (Neonatal Intensive Care Unit) after birth
- Were born at 32 weeks or less
- Had a birth weight under 1,500 grams (3 pounds 5 ounces)
- Were exposed to drugs or unusual medicines during pregnancy
- Had medical complications and needed to stay in the hospital

How does my child get referred to the clinic?

Most at-risk infants who were in the NICU at UWMC are automatically referred. Infants who were in other NICUs or special care nurseries may be referred by their doctor, nurse, or parent. A primary care provider or a parent may also refer an infant if they have concerns about development.

Who will see my child?

Families often see several members of our clinic team. Your team may include:

- Developmental pediatrician, child neurologist, neonatologist, or nurse practitioner
- Psychologist
- Physical therapist
- Occupational therapist
- *Audiologist* (hearing specialist)
- Nutritionist
- Social worker

What happens at a clinic visit?

During a clinic visit, your child will:

- Be checked for developmental skills
- Be measured for height and weight
- Have a brief physical exam

We may also give your child a hearing test or a nutrition consultation. You will be able to ask questions and share your concerns.

If needed, a language interpreter will be provided free of charge. Please tell us if you would like an interpreter when you set up your clinic visit.

