



我的孩子正在接受出生到 3 岁的早期干预项目。我们还应该来这个诊所吗？

是的。我们的服务并不能取代您孩子的医生、出生到 3 岁项目、或公共卫生护士所提供的服务。我们所做的深入评估及专家可为您提供有关您孩子的额外信息。我们将把我们的报告发送给您孩子的医生、出生到 3 岁项目和其他社区服务提供者。

一次就诊要多长时间？

大多数儿童由 2 名或更多的专家来看诊。婴儿的就诊时间通常为 2 小时，大一点的孩子为 3 至 4 小时。您将全程与孩子在一起。

费用是多少？

大多数医保将涵盖评估的门诊。看门诊的费用取决于您孩子的年龄及看诊时有多少专家参与。

请与您的医保公司联系，以了解所涵盖的服务项目、共付额，以及是否需要在就诊前得到他们的批准。

诊所在那里？

诊所位于人类发育及残障中心 (CHDD)，位于 华大 医疗中心 - 蒙特湖院区南边。S1 是离诊所最近的停车场。



您有疑问吗？

如需转诊或安排门诊，请致电婴儿发育诊所的患者服务协调员、电话：206.598.9348

如有需要，可要求提供翻译服务。

如要获取更多资讯请上网：<https://uw-ctu.org/specialty-clinics/clinics/infant-development-follow-up-clinic/>

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Center on Human Development and Disability

Infant Development Follow-up Clinic

Box 357920

1959 N.E. Pacific St., Seattle, WA 98195
(1701 N.E. Columbia Rd.)

Phone: 206.598.9348 | Fax: 206.598.7815

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UW MEDICINE | PATIENT EDUCATION
INFANT DEVELOPMENT FOLLOW-UP CLINIC
CHINESE

婴幼儿发育跟踪诊所



每个孩子出生时都有潜力。每个孩子都应该有机会去实现它。我们的团队可以提供帮助。

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什么是婴幼儿发育跟踪诊所?

35 年来, 我们的专家团队一直在为那些可能有发育风险的儿童服务。我们的专家团队一起合作, 评估儿童的健康和发育状况, 如发现问题, 则为家庭提供各种资源。

对我和我的孩子有什么好处?

- 您的孩子将在 4 个月至 5 岁期间定期接受全面的评估。
- 您将能向专家咨询有关儿童发育、行为、育儿、入学准备、学习、沟通及任何其他您有的顾虑或疑问。
- 您将收到详细的反馈、建议和可做的一些辅导活动, 以支持您孩子的发育。
- 您将与我们专家合作, 制定后续计划, 并根据需要转介到社区所提供的各项服务。



诊所为谁服务?

我们的诊所为以下的儿童服务

- 出生后需要在新生儿重症监护室 (NICU) 接受护理的婴儿。
- 在妊娠 32 周或以下出生的婴儿。
- 出生体重低于 1500 克 (3 磅 5 盎司) 的婴儿。
- 在怀孕期间接触过毒品或不寻常的药物。
- 2 岁前有健康问题并需要 ECMO (体外膜氧合) 的婴幼儿。
- 有先天性横膈膜疝气的婴幼儿。

我的孩子是如何被转介到诊所的?

大多数在华大医疗中心新生儿重症监护室的新生儿都会被自动转诊。在其他新生儿重症监护室或特殊护理室的婴儿可由其医生、护士或家长转介。如主治医生或家长对婴儿的发育有疑虑, 也可以转诊。

谁将为我的孩子看诊?

经常会看到我们诊所团队的数位成员。您的团队可能包括:

- 儿童发育科的医生
- 心理医生
- 物理治疗师
- 技能治疗师
- 听力学家
- 营养师
- 行医护士
- 儿童神经科专家

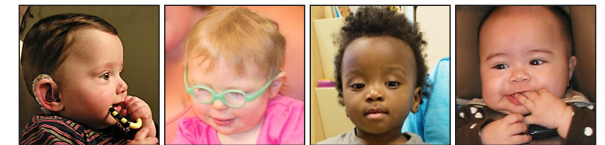
在诊所就诊时的过程?

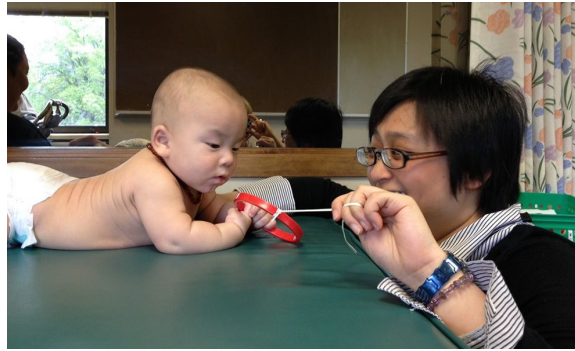
门诊期间, 您的孩子将:

- 接受发育技能的评估
- 测量身高和体重
- 简单的体检

如有需要, 我们还可能给您的孩子做听力测试或营养咨询。您可以提出问题及您的顾虑。

如需要, 我们将免费提供语言翻译人员。请在安排门诊时告诉我们您希望有位翻译人员。





My child is receiving birth-to-3 early intervention. Should we still come to this clinic?

Yes. Our services do not replace those provided by your child's doctor, birth-to-3 program, or public health nurse. Our in-depth assessments and specialists provide you with extra information about your child. We will send our reports to your child's doctor, birth-to-3 program, and other community providers.

How long does a visit last?

Most children are seen by 2 or more specialists. Visits usually last 2 hours for an infant and 3 to 4 hours for an older child. You will be with your child the entire time.

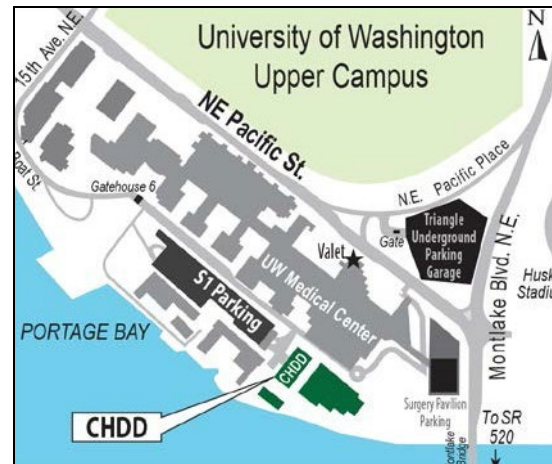
What are the costs?

Most health insurance policies will cover your assessment visit. Costs for a visit depend on your child's age and how many specialists are involved in the visit.

Please contact your health insurance company to find out about services covered, co-pays, and if you need to get their authorization before your clinic visit.

Where is the clinic?

The clinic is in the Center on Human Development and Disability (CHDD), just south of UW Medical Center - Montlake. The S1 parking lot is closest to the clinic.



Questions?

To make a referral or schedule a clinic visit, call the Patient Services Coordinator, Infant Development Follow-up Clinic: 206.598.9348

Please request an interpreter, if needed.

To learn more, visit: <https://uw-ctu.org/specialty-clinics/clinics/infant-development-follow-up-clinic/>

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Infant Development Follow-up Clinic



*Every child is born with potential.
Every child deserves the chance to
achieve it. Our team can help.*

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What is the Infant Development Follow-up Clinic?

For over 35 years, our team of specialists has worked with children who may be at risk for developmental problems. Our team of experts works together to assess a child's health and development, and connects families with resources if problems are found.

What are the benefits for me and my child?

- Your child will be fully assessed at regular intervals from 4 months to age 5.
- You will be able to ask experts about child development, behavior, parenting, school readiness, learning, communication, or any other concern.
- You will receive detailed feedback, suggestions, and activities to support your child's development.
- You will collaborate with our specialists on a follow-up plan and referrals to community services as needed.



Who does the clinic serve?

Our clinic serves children who:

- Needed care in a Neonatal Intensive Care Unit (NICU) after birth
- Were born at 32 weeks gestation or less
- Had a birth weight under 1,500 grams (3 pounds 5 ounces)
- Were exposed to drugs or unusual medicines during pregnancy
- Had health problems and needed ECMO (*extracorporeal membrane oxygenation*) before age 2 years
- Had *congenital diaphragmatic hernia*

How does my child get referred to the clinic?

Most at-risk infants who were in the NICU at UWMC are automatically referred. Infants who were in other NICUs or special care nurseries may be referred by their doctor, nurse, or parent. A primary care provider or a parent may also refer an infant if they have concerns about development.

Who will see my child?

Families often see several members of our clinic team. Your team may include:

- Developmental pediatrician
- Psychologist
- Physical therapist
- Occupational therapist
- Audiologist (hearing specialist)
- Nutritionist
- Nurse practitioner
- Child neurologist

What happens at a clinic visit?

During a clinic visit, your child will:

- Be assessed for developmental skills
- Be measured for height and weight
- Have a brief physical exam

As needed, we may also give your child a hearing test or a nutrition consult. You will be able to ask questions and share your concerns.

If needed, a language interpreter will be provided free of charge. Please tell us if you would like an interpreter when you set up your clinic visit.

