



欢迎您

为您介绍 “肾脏/胰脏移植指南”

欢迎您来到华盛顿大学医学中心（UWMC）移植服务部。我们的医疗中心是美国领先的多器官移植中心之一。

我们很高兴您选择 UWMC 作为你的移植中心。我们的移植团队期待着与您和你的家人一起合作。

身为接受移植的您、是移植组的主要成员。我们的医疗团队有赖于您积极地参与整个的过程。我们期盼您能了解评估的过程、移植的手术、及移植后如何保养您的新器官

这就是我们撰写这份“为您介绍“肾脏/胰脏移植”指南”讲义的主要目的。它包涵了很多有用的资讯。从获取医生转介开始；到移植后的长期护理、它将带您走过移植的每一个过程。我们希望这讲义回答了您对医疗、及进展的各项疑问。将这讲义带在身边、您来看医生及来接受移植时都一并带来。



华盛顿大学医学中心（UWMC）是美国领先的多器官移植中心之一。

华大医疗中心 UWMC 的信念是提供以病人与家庭为主的护理。请告诉我们如何帮助您及您的家人。

关于这份讲义

您的肾脏/胰脏移植指南 是您在移植手术之前、期间及之后使用的参考手册。本指南的章节如下：

- 益处及风险
- 转介
- 审评的过程
- 组织配对
- 活体肾脏捐赠
- 遗体捐赠
- 等待移植
- 应对
- 移植手术
- 在医院恢复期间
- 营养
- 药物
- 出院须知
- 出院后的护理
- 移植后的生活
- 移植后的肾脏活检
- 资讯
- 财务规划
- 医学词汇表

您有疑问吗？

我们很重视您的疑问。当有疑问或顾虑时，请致电您的医生或医护人员。

移植科电话：
206.598.3882

再次感谢您选择华盛顿医疗中心。我们期盼着与您合作以达到成功的移植。



Welcome

To “*Your Kidney/Pancreas Transplant Guide*”

Welcome to Transplant Services at University of Washington Medical Center (UWMC). Our medical center is one of the leading multi-organ transplant centers in the United States.

We are pleased you have chosen UWMC as your transplant center. Our transplant team is looking forward to working with you and your family.

You, the transplant recipient, are a vital member of the transplant team. We depend on you to be an active partner during the entire transplant journey. We want you to learn all you can about the evaluation process, the transplant surgery, and how to take care of your new organ after transplant.

This is why we created *Your Kidney/Pancreas Transplant Guide*. It is filled with useful information to guide you through every step of the transplant process, from getting referred for transplant to your long-term



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care after a transplant. We hope this guide answers your questions about your treatment and your progress along the way. Keep your guide handy. Bring it with you to all clinic visits and when you are called in for your transplant.

UWMC believes in providing patient and family centered care. Please let us know how we can help you and your family.

About This Guide

Your Kidney/Pancreas Transplant Guide is a reference tool for you to use before, during, and after your transplant surgery. The chapters in this guide are:

- **Benefits and Risks**
- **Being Referred**
- **The Evaluation Process**
- **Tissue Matching**
- **Living Kidney Donors**
- **Deceased Donors**
- **Waiting for Transplant**
- **Coping**
- **Transplant Surgery**
- **Recovery in the Hospital**
- **Nutrition**
- **Medicines**
- **Discharge Checklist**
- **Care After Discharge**
- **Life After Transplant Surgery**
- **Transplant Renal Biopsy**
- **Resources**
- **Financial Planning**
- **Medical Terms**

Thank you again for choosing UW Medical Center. We look forward to working with you for a successful transplant.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Transplant Services:
206.598.3882