



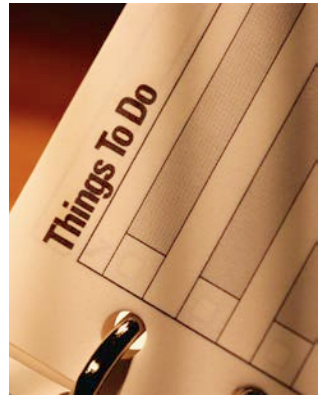
Planning for Your Pressure Injury Flap Surgery

Before Surgery

Appointments

Before your surgery can be scheduled, you must meet with each of these providers and follow their care plans:

- Plastic surgeon
- Physical therapist
- Rehab doctor
- Occupational therapist
- Rehab nurse
- Nutritionist
- Social worker
- Rehab psychologist



If you miss these appointments, it will delay your date of surgery. It may also mean that you will not be able to be part of the Pressure Injury Flap Surgery Program.

Nicotine Test

You must also be free of nicotine before surgery. You will be tested for nicotine at your pre-surgery visit. **Your surgery will be cancelled if you test positive for nicotine at this visit.**

After Surgery

- You will be in a 24-hour care facility for at least 6 weeks after surgery.
- You must be free of nicotine during your entire 6-week healing phase.
- You will need bed rest for at least 3 weeks in a special bed.
- After your bed rest phase, you will have 2 to 3 more weeks of restricted activity. During this time, you will slowly increase your sitting time.
- When your doctor says you may leave the facility, you will return to your living situation as was planned before your surgery.

Your Signature

Please sign below to show that:

- You have reviewed this information with a member of your care team.
- You agree to follow the requirements for having this surgery.

Questions?

Your questions are important. If you have questions or concerns about this process, please call the Rehab Medicine Clinic. Leave a message with your questions and we will call you back.

**HMC Rehab Medicine
Clinic: 206.744.5862**

Name

Date