



手术准备

海景医疗中心

本资料为在华盛顿西雅图海景医院做手术的患者提供的指南。

手术: _____

和: _____

日期: _____ 到达时间: _____

如果你不能保留你的预约，
请马上联系我们：

- 在手术前的工作日 **4 点** 前，联系患者护理协调员 **206. _____**。
- 手术当天或手术前一天下午 **4 点** 后，联系门诊外科 **206.744.5432**。



手术前医院会联系你

准备

我们的目标是你能在____ 天出院。

- 如果你有门诊手术：
 - **不能自己开车回家**。安排一位有责任的成人接送你回家。这个人可以开车接送你，或陪你坐公交车或出租车。
 - 当天前安排好你的接送。
- 手术前我们的工作人员会联系你。我们可能会问你有关你的保险扣除额和自费额。

- 如果你对你的手术有任何问题，请联系门诊护士 206._____.

手术当天

- 不要带任何首饰。
- 摘除假牙，眼镜，或隐形眼镜。
- 穿容易穿脱的宽松衣服。如果需要，确保它们可以穿在夹板或较厚的包扎上。
- 在手术休息室处登记，**Maleng 大楼底层, 410 9th Ave., Seattle, WA 98104.** Maleng 大楼在急诊科的对街。
- 海景医院接受很多急诊。这可能会导致预约变更。如果我们需更改你的预约时间，我们会尽快通知你。如果发生这种情况，感谢你的耐心等待。

携带物

- 你的身份证和保险卡。
- 支付任何你可能需要支付的自费额的方式。
- 手术后你需要的的器材，比如拐杖，轮椅，或 **CPAP** 机。
- 如果你有并希望告知你的医疗团队你有预先授权表，比如生前遗嘱和医疗授权书。

特殊指示

疑虑？

你的问题很重要。如果你有任何疑虑，请联系你的医生或护理人员。



Preparing for Your Procedure

At Harborview Medical Center

This handout gives instructions for patients having a procedure at Harborview Medical Center in Seattle, Washington.

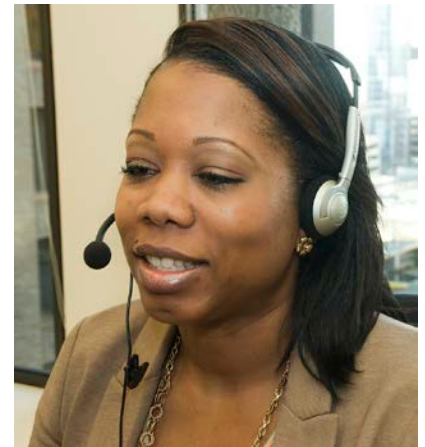
Procedure: _____

With: _____

Date: _____ Arrival time: _____

If you cannot keep your appointment, call us right away:

- Weekdays until 4 p.m. on the day before your procedure, call your Patient Care Coordinator at 206. _____.
- After 4 p.m. on the day before or on the morning of your procedure, call Ambulatory Surgery at 206.744.5432.



Expect a call from the hospital before your procedure.

Getting Ready

- Our goal is for you to be able to leave the hospital in ____ days.
- If you are having an outpatient procedure:
 - **You cannot drive yourself home.** Plan to have a responsible adult take you home. This person can drive you in a car, or take the bus or taxi with you.
 - You **must** make your plans for your ride home **before** the day of your procedure.

- Our staff will call you before your procedure. We may ask about your insurance deductible and out-of-pocket costs.
- If you have questions about your procedure, please call a clinic nurse at 206._____.

Procedure Day

- Do not wear jewelry or piercings.
- Remove dentures, eyewear, glasses, or contact lenses.
- Wear loose-fitting clothes that are easy to take off and put on. If needed, make sure they will fit over a splint or bulky dressing.
- Check in at the Surgical Waiting Room, Ground Floor of the Maleng Building, 410 Ninth Ave., Seattle, WA 98104. The Maleng Building is across the street from the Emergency Department.
- Harborview handles many emergencies. This may cause schedule changes. If we need to change your procedure time, we will tell you as soon as we can. Thank you for your patience.

What to Bring

- Your photo ID and insurance card
- A method of payment for any co-pays you may have
- Any equipment you will need after your procedure, such as crutches, a wheelchair, or a CPAP machine
- Advance directive forms, such as a Living Will and Durable Power of Attorney for Healthcare, if you have them and want to share them with your healthcare team

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Special Instructions
