



華盛頓州醫療護理與保險資源 適用於低收入人群

兒童蘋果健康計劃 (Apple Health for Kids)

兒童蘋果健康計劃讓兒童更容易申請醫療保險。要瞭解該計劃的有關資格以及申請程序,

請致電:877-543-7669

請訪問: www.hrsa.dshs.wa.gov/applehealth

基本健康保險和華盛頓州健康保險 (Basic Health and Washington Health)

這些州保險計劃將根據收入及家庭人口來提供低收費的健康保險。也許有一些先決條件或其他服務限制。要瞭解這兩個計劃的更多資訊,

請致電: 800-660-9840

請訪問: www.hca.wa.gov/reduced_cost.html

社會與健康服務部

如需瞭解州醫療補助 (Medicaid) 的一般資訊,

請致電:800-562-3022

如需查找最近的社區服務辦事處 (CSO) 或網上申請,

請訪問: www.dshs.wa.gov



華盛頓州內許多保險資源可以幫助低收入人仕。

景郡 (King County) 心理健康計劃

如需瞭解申請景郡心理健康服務的資格要求并查找其他低收費的心理健康服務提供機構,

請致電: 206-263-9000

請訪問: www.kingcounty.gov/healthservices/MentalHealth

景郡 (King County) 公共衛生部

如需瞭解公共衛生部各診所的情況,

請致電:206-296-4600

請訪問: www.kingcounty.gov/healthservices/health/locations

鄰家保健健康計劃 (Neighborcare Health)

鄰家保健健康計劃在大西雅圖地區提供低收費的醫療和牙齒保健。要瞭解更多資訊,

請致電:206-461-6935

請電郵: enrollment@neighborcare.org

如要查找最近的診所, 請訪問: www.neighborcare.org

華盛頓州保險專員辦公室

- 若對華盛頓州健康保險有一些一般性問題, 或要解決與保險公司的問題,

請致電: 800-562-6900

請訪問: www.insurance.wa.gov

- 華盛頓州健康保險利益顧問 (SHIBA)

SHIBA 幫助熱線是由州保險業監理處運營。它對華盛頓州健康保險計劃提供免費的諮詢服務。

請致電: 800-562-6900

請訪問: www.insurance.wa.gov/shiba

處方藥計劃

這是一個為參加了有限處方藥保險或沒有處方藥保險的華盛頓州居民提供的會員計劃。平均節省費用為原廠藥可最多節省 20%, 仿製藥可最多節省 60%。要瞭解更多資訊,

請致電: 206-521-2027 或 800-913-4146 (免費電話)

請訪問: www.rx.wa.gov

有任何問題嗎?

你的問題非常重要。UWMC 財務服務與社會工作與護理協調工作人員可提供幫助。

若對如何支付 UWMC 醫療費有任何問題, 請:

- 在週一至週五上午 8 點至下午 5 點致電財務服務部門, 電話號碼 206-598-4320
- 探病批准部在醫院大樓主層 (3 樓)

要瞭解一般資訊, 請致電:

- 社工及護理服務協調部, 周日上午 9 點至下午 4 點 30 分, 電話號碼 206-598-4370

Sea Mar 社區健康中心: Clínica de la Comunidad

Sea Mar 向低收入、缺少服務以及沒有醫療保險的華盛頓州居民提供醫療保健和其他服務。他們的網站有英語版和西班牙語版。要瞭解更多資訊,

請致電: 206-763-5277

要瞭解診所地點, 請訪問: www.seamar.org

華盛頓州高風險保險聯營組織 (WSHIP)

WSHIP 為被拒絕獲得或沒有獲得其他健康保險計劃的州內居民提供健康保險。

請致電: 800-877-5187

請訪問: www.wship.org



Resources for Medical Care and Health Insurance in Washington State

For people with limited incomes

Apple Health for Kids

The Apple Health for Kids program makes it easier to apply for children’s medical coverage. To find out about eligibility and how to apply:

Call..... 877-543-7669
Visit..... www.hrsa.dshs.wa.gov/applehealth

Basic Health and Washington Health

These state plans offer lower-cost health insurance based on income and family size. Pre-existing conditions or other service limitations may apply. To learn more about either program:

Call.....800-660-9840
Visit www.hca.wa.gov/reduced_cost.html

Department of Social and Health Services

For general information on state medical assistance (Medicaid):

Call..... 800-562-3022

To find the nearest Community Services Office (CSO) or to apply online:

Visit..... www.dshs.wa.gov



Many medical insurance resources in Washington state help people with limited incomes.

King County Mental Health Plan

For information on eligibility for King County mental health services and finding other low-cost mental health providers:

Call..... 206-263-9000

Visit..... www.kingcounty.gov/healthservices/MentalHealth

King County Public Health Department

For information on Public Health Department clinics:

Call206-296-4600

Visit..... www.kingcounty.gov/healthservices/health/locations

Neighborcare Health

Neighborcare Health provides low-cost medical and dental health care in the greater Seattle area. To learn more:

Call 206-461-6935

E-mail..... enrollment@neighborcare.org

To find the clinic nearest you, visit www.neighborcare.org

Office of the Washington State Insurance Commissioner

- For general questions about health insurance coverage in Washington state or to solve a problem with your insurance company:

Call..... 800-562-6900

Visit..... www.insurance.wa.gov

- **Statewide Health Insurance Benefits Advisors (SHIBA)**

The SHIBA Helpline is run by the state insurance commissioner's office. It provides free counseling on Washington state health insurance plans.

Call..... 800-562-6900

Visit..... www.insurance.wa.gov/shiba

Questions?

Your questions are important. UWMC Financial Services and Social Work and Care Coordination staff are available to help.

For questions about how to pay for your medical care at UWMC, please:

- Call Financial Services weekdays 8 a.m. to 5 p.m. at 206-598-4320
- Visit Admitting on the main level (3rd floor) of the hospital

For general information, please call:

- Social Work and Care Coordination weekdays 9 a.m. to 4:30 p.m. at 206-598-4370

Prescription Drug Program

This is a membership program for Washington residents who have limited or no prescription drug coverage. Average savings are up to 20% for brand-name drugs and 60% for generic drugs. To learn more:

Call 206-521-2027 or 800-913-4146 (toll-free)

Visit www.rx.wa.gov

Sea Mar Community Health Centers: Clínica de la Comunidad

Sea Mar provides health care and other services to low-income, underserved, and uninsured Washington residents. Their website is available in English and Spanish. To learn more:

Call 206-763-5277

For clinic locations, visit www.seamar.org

Washington State High Risk Insurance Pool (WSHIP)

WSHIP provides health insurance for state residents who are denied or do not have access to other health insurance plans.

Call 800-877-5187

Visit www.wship.org