



UW Medicine

神经外科手术前药物服用

须知

本手册列举你在神经外科手术前可以/不可以服用的药物。

为什么我需要停止服用某些药物？

有些药物可能会增加你的出血风险。这些药物在手术前须停止服用。

我该怎么做？

请阅读第二页的“停药药物”章节。
查看你的药物是不是在停药清单上。

如果你正在服用清单上的任何药物：

- 在停药任何处方药前咨询你的外科医生。确保你知道需要停服的药物和时间。
- 告知你的家庭医生你正要做神经外科手术，并外科医生要求你手术前停止服用某些药物。如果你或者你的家庭医生有任何疑问，请联系神经外科门诊 **206.744.9340**。
- 如果你没有遵照外科医生的停药指示，你的手术将须重新预约。



在停药任何处方药前咨询你的外科医生。

其他指示

- 如果你对药物或造影剂（X光染色剂）有过敏，你可能在手术前需要服用另外一种药物。如果需要，你的护理团队会打电话给你指示。
- 在手术前一天，有一位护士会打电话联系你并询问你的药物和指示。

手术前须停药药物

如果你正在服用下列表格里的药物或任何抗凝血剂（血液稀释剂），请告知你的外科医生。**请遵照你的外科医生有关于手术前何时停药药物的指示。**

抗凝血和抗血小板聚集药物

药物	产品名	大部分患者停药时间
Enoxaparin	Lovenox	手术前一个晚上
Heparin	Heparin	
Apixaban	Eliquis	手术前 3 天
Dabigatran etelixate	Pradaxa	
Edoxaban	Savaysa	
Fondaparinux	Arixtra	
Rivaroxaban	Xarelto	
Aspirin	Bayer, Bufferin, Excedrin	手术前 7 天
Clopidogrel	Plavix	
Dalteparin	Fragmin	
Prasugrel	Effient	
Ticagrelor	Brilinta	
Warfarin	Coumadin	
Ticlopidine	Ticlid	手术前 14 天

非甾体抗炎 (NSAID) 药物

通常，这些药物应在神经外科手术前 7 天进行。

- 塞来昔布 Celecoxib (Celebrex)
- 布洛芬 Ibuprofen (Advil, Children's Advil, Child's Motrin, Motrin, Nuprin, Rufen)
- 酮咯酸氨丁三醇 Ketorolac tromethamine (Toradol)
- 美洛昔康 Meloxicam (Mobic)
- 甲氧萘丙酸, Naproxen (Aleve, Anaprox, BC-Naprosyn, Naprelan)

可服用药物

如果你服用下列某种药物，您的手术可以按计划进行。但是，请咨询你的外科医生，确保在手术前后可继续服用此药物。

- 对乙酰氨基酚 Acetaminophen (泰诺 Tylenol)
- 类固醇(咨询你的外科医生)
- 避孕药：口服，贴剂或环

疑虑?

你的问题很重要。如果你有任何问题或疑虑，联系你的医生或其他护理人员。

预约，请联系客服中心
206.744.9340.

工作日上午 8 点到下午 4 点。联系门诊护士请拨打：
206.744.9340 分机号 2.

下班时间，周末和节假日，
联系 206.744.2500.

UW Medicine

Stopping Medicines Before Your Neurosurgery

What you need to know

This handout lists medicines you can and cannot take in the days before your neurosurgery.

Why do I need to stop taking some of my medicines?

Some medicines may increase your risk of bleeding. These medicines should be stopped before your surgery.

What should I do?

Read the section “Medicines to Stop Taking” on page 2. See if any of your medicines are on the list of drugs that should be stopped.

If you are taking any of the drugs on the list:

- Talk with your surgeon before you stop taking any prescribed medicines. Make sure you know which medicines to stop and when.
- Tell your PCP that you are having neurosurgery, and that your surgeon has told you to stop taking some of your medicines before the procedure. If you or your PCP have questions, please call the Neurosurgery Clinic at 206.744.9340.
- If you do not stop taking these medicines as your surgeon has instructed, we will need to reschedule your surgery.



Talk with your surgeon before you stop taking any prescribed medicines.

Other Instructions

- If you have allergies to medicines or *contrast* (X-ray dye), you may need to take other medicines before your surgery. If needed, a member of your care team will call you with instructions.
- On the day before your surgery, a nurse will call you and review your medicines and instructions.

Medicines to Stop Taking Before Surgery

Talk with your surgeon if you are taking any of the medicines listed below, or any *anticoagulants* (blood-thinners) not listed. **Follow your surgeon's instructions about when to stop your medicines before surgery.**

Anticoagulant and Anti-Platelet Aggregation Medicines

Drug	Brand Name	Most Patients Stop Taking
Enoxaparin	Lovenox	Night before surgery
Heparin	Heparin	
Apixaban	Eliquis	3 days before surgery
Dabigatran etelixate	Pradaxa	
Edoxaban	Savaysa	
Fondaparinux	Arixtra	
Rivaroxaban	Xarelto	
Aspirin	Bayer, Bufferin, Excedrin	7 days before surgery
Clopidogrel	Plavix	
Dalteparin	Fragmin	
Prasugrel	Effient	
Ticagrelor	Brilinta	
Warfarin	Coumadin	14 days before surgery
Ticlopidine	Ticlid	

Questions?

Your questions are important. Call one of the numbers below if you have questions or concerns.

For scheduling, call the Contact Center at 206.744.9340.

To talk with a clinic nurse weekdays from 8 a.m. to 4 p.m., call 206.744.9340 and press 2.

After hours and on weekends and holidays, call the Community Care Nurse at 206.744.2500.

Non-Steroidal Anti-Inflammatory (NSAID) Medicines

Most times, these medicines should be held **7 days before** neurosurgery.

- Celecoxib (Celebrex)
- Ibuprofen (Advil, Children's Advil, Children's Motrin, Motrin, Nuprin, Rufen)
- Ketorolac tromethamine (Toradol)
- Meloxicam (Mobic)
- Naproxen (Aleve, Anaprox, BC-Naprosyn, Naprelan)

Medicines That Are OK to Take

If you use a type of medicine listed below, your surgery can proceed as planned. But, please check with your surgeon to make sure that it is OK to keep taking your medicine before and after your surgery.

- Acetaminophen (Tylenol)
- Steroids (ask your surgeon)
- Contraceptives: Oral, patch, or ring