



At Yakima Valley Memorial Hospital

## Telemedicine Program

*For UW Medicine Maternal Fetal Medicine patients*

*This handout explains a program at UW Medicine called the Diabetes in Pregnancy Telemedicine Program.*

### You Are Invited!

Until now, you have met in person with maternal fetal medicine doctors who help you and your primary provider manage your diabetes and its effects on you and your baby.

Now, we invite you to be part of our **Diabetes in Pregnancy Telemedicine Program**. This program allows you to have follow-up visits with doctors and specialists by computer.



*Telemedicine lets you talk with your Diabetes in Pregnancy care providers using a computer.*

We believe this program will help us meet your healthcare needs more fully. These computer visits will be in addition to in-person visits with your maternal fetal medicine doctor.

During these computer healthcare visits, you can:

- Talk with diabetes specialists before, during, and after your pregnancy
- Learn ways to manage your diabetes that will work best for you

### Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UW Medicine Maternal Fetal Medicine Clinic in Yakima: 855.464.6298 or 206.598.3900

### What to Expect

- You will come to the Yakima clinic for your telemedicine visit. A staff member will take you to a consult room and help you get started, making sure that you are able to see and hear the provider on the computer.
- The doctor or diabetes nurse educator will be in Seattle, but you will see and speak with each other by computer. You can ask questions, just as you would during an in-person office visit.
- Telemedicine is secure. Your photo and your voice will **not** be recorded or stored. Your privacy and rights are respected and ensured.