



## UWMC - Montlake Labor & Delivery Online

*Virtual tours and online classes*

**Congratulations on your pregnancy!** Thank you for choosing UW Medical Center - Montlake for your care needs.

### Online Ways to Learn About Labor & Delivery

Here are 2 ways you can learn about UWMC - Montlake Labor & Delivery from home:

- **Labor & Delivery virtual tour:** This video looks inside our Labor & Delivery suite, the operating room, and our postpartum rooms.
- **Zoom sessions:** During these live “Q&A” meetings, you can ask basic questions about UWMC - Montlake Labor & Delivery.



To watch the video or to sign up for a Zoom session:

- Visit [www.uwmedicine.org/specialties/center-for-women-and-children/maternity-care/labor-delivery-tours](http://www.uwmedicine.org/specialties/center-for-women-and-children/maternity-care/labor-delivery-tours)
- Click on “Visiting UW Medical Center - Montlake”
  - To sign up for a “Q&A” session, click on “Register Now”
  - To watch the tour video, click on the title in English or Spanish

If you have questions about the virtual tour or the Zoom session, please send an email to [UWMC\\_PNE@uw.edu](mailto:UWMC_PNE@uw.edu)

### Online Childbirth and New Parent Classes

We also offer online childbirth and new parent classes! These classes are on weeknights and weekends. Our teachers are experts from Parent Trust for Washington Children.

- To learn more about these classes, visit: [www.parenttrust.org/for-families/classes](http://www.parenttrust.org/for-families/classes).
- To find the perfect class for you, call 206.789.0883 or send an email to [greatstarts@parenttrust.org](mailto:greatstarts@parenttrust.org).

#### Questions?

Your questions are important. Call us with your questions or concerns about our online tours, meetings, and classes: 206.598.5956