

UWMC Tours of Labor & Delivery *University of Washington Medical Center*

*Congratulations on your pregnancy! Our award-winning Perinatal Education Program offers a variety of classes and tours for expectant families. Our tours are free of charge, but **you must register in advance** so we can keep our groups to a small size. This lets you ask all your questions and helps us give you more personal attention.*

Visiting Our Facility

Many families find it helpful to visit our facility before delivery. We encourage you to take a tour anytime during your pregnancy. During the tour, you will see our birthing suites, which were designed for your comfort, and the mother baby postpartum rooms.

After the tour, we hope you have a better understanding of what to expect when you come to deliver at UWMC and the resources available to you. Family members and children are encouraged to attend as well.

Tours in English

- **Evening:** 1st and 3rd Wednesdays of the month at 6 p.m. and 7:30 p.m.
- **Daytime:** Wednesdays at 11 a.m.
- **Location:** Meet by Labor & Delivery (outside the Pacific elevators on the 6th floor, 6-South).

Tours in Other Languages

- Interpreters are available in various languages.
- 2nd Thursday of the month at 10 a.m.
- **Location:** Meet by Labor & Delivery (outside the Pacific elevators on the 6th floor, 6-South).

To Register for a Tour

Visit www.uwmedicine.org. In the search field at the top of the page, enter "Tour of Labor and Delivery." In the list that appears, click on "Tour of Labor and Delivery." Or, call the tour information line at 206.598.5956, or email UWMC_PNE@u.washington.edu.

To watch a video tour online: Visit www.uwmedicine.org. In the search field at the top of the page, enter



Come see our facilities so you are more ready for the big day.



The underground Triangle Parking Garage is across N.E. Pacific Street from the medical center.

“Obstetrics.” Click on “Obstetrics” in the list that appears, then click on “Labor and Delivery” in the text.

Parking at the Medical Center

- Parking is available in the underground Triangle Parking Garage, which is across N.E. Pacific Street from the medical center.
- After parking in the Triangle Garage, go to the medical center using the underground tunnel. Take the elevator or escalator up to the main entrance, located on the 3rd floor of the medical center.

Directions to Labor & Delivery

To get to Labor & Delivery:

- When you enter the hospital through the main entrance, you will be on the 3rd floor.
- Turn right down the main hall. You will see the Pacific elevators on the left.
- Take the elevator to the 6th floor.
- Turn right as you leave the elevator. The entrance to Labor & Delivery (6-South) is on the right. You can wait in the area outside the elevators for your tour to begin. Or, if you have questions, please ask at the Labor & Delivery front desk.

To Learn More

- To schedule an appointment with a prenatal care provider, visit www.uwmedicine.org or call the UW Medicine Contact Center at 206.520.5000.
- For more information on parking at UWMC, call 206.598.5275.
- For driving directions to locations on the UW campus, please visit www.washington.edu/facilities/transportation/commuterservices/drive.



Whatever your needs, we are here to care for you and your new family.

Questions?

Your questions are important. Call your health care provider if you have questions or concerns.

Tour Registration:
www.uwmedicine.org (see page 1 for directions)

Tour Information Line:
206.598.5956

Labor & Delivery:
206.598.4616

Maternal and Infant Care Clinic: 206.598.4070