

장소 및 주차장

하버뷰 메디칼 센터

위장관 내시경실

멜링 빌딩 8층

410 Ninth Ave., Seattle, WA 98104

206.744.3519

일주일 7 일, 24 시간 주차장: The Ninth and Jefferson Garage (P2)
off James and Terry.

워싱턴 대학 메디칼 센터

소화건강센터

수술별관 3층

1959 N.E. Pacific St., Seattle, WA 98195

206.598.4377

N.E. Pacific St.에서, **응급실** 표시를 따라 들어가십시오. 일단 정지

표시에서 좌회전하여 수술별관 건물 주차장안으로 들어가십시오.

주차장에 주차한 다음 엘리베이터를 타고 3층으로 가십시오.

우회전해서 소화기 건강 센터로 들어가십시오.

노스웨스트 병원

1550 N. 115th St., Seattle, WA 98133

206.368.1770

내시경 시술실은 병원 1층, 스타벅스 커피숍 건너편에 위치해
있습니다.

벨뷰 전문 센터

3100 Northup Way, Bellevue, WA 98004

425.646.7777

무료 주차장 제공.

시애틀 암치료 연맹

825 Eastlake Ave. E., Seattle, WA 98109-1023

206.606.1329

시술실은 클리닉 2층에 있습니다.

위내시경 검사는 무엇입니까?

위내시경은 귀하의 식도(입에서부터 위까지의 관), 위, 및 소장(첫부분의 내벽)을 의사가 보게 해줍니다. 검사 도중, 작은 손가락 굵기의 유연한 튜브를 귀하의 입에 넣은 다음 위와 소장까지 내려갈 것입니다. 이 튜브는 귀하의 호흡에는 지장을 주지 않을 것입니다.

예상할 수 있는 것들

- 귀하의 안정을 돕기 위하여 **진정제**(안정을 돕기위한 약)를 받게될 것입니다.
- 이 약은 귀하의 정맥에 투입된 정맥도관(IV)이라고 불리는 가늘은 튜브를 통해서 주어질 것입니다.
- 대부분의 환자들은 잠이 듭니다. 하지만, 귀하가 잠이 들지 않거나 약간의 불편을 느끼시면 우리는 최선을 다하여 귀하의 편안함을 도울것입니다.
- 필요한 경우 담당의가 **조직검사**라고 불리는 작은 조직의 샘플을 채취 할 수도 있습니다. 그 조직 층에는 신경의 끝이 없기 때문에 귀하는 느끼지 못할 것입니다.
- 담당의는 또한 좁아진 부분을 **확장**(넓힘) 시키거나 소장안의 출혈을 정지시킬 수도 있습니다.
- 이 검사는 단지 약 15분 정도 걸리지만 검사를 위하여 준비하고 끝난 후에 회복하는 시간까지 합해서 병원에 더 오래 계실 수도 있습니다.

검사결과를 받는 방법?

시술 이후 깨어나실 때에 담당의가 결과에 대하여 귀하와 상담할 것입니다. 검사 이후 바로 결과가 준비되지 않을 경우 우리는 언제쯤 그것을 받을 수 있는지를 귀하에게 말해줄 것입니다.

문의사항?

귀하의 질문은 매우 중요합니다. 질문이나 우려되는 점이 있으시면 전화하십시오. 주중에는 오전 8시부터 오후 5시 사이에 귀하의 위내시경검사 예약이 되있는 클리닉에 전화하십시오. 업무시간 이후와 주말 그리고 공휴일에는 하버뷰의 커뮤니티 케어 전화선 206.744.2500 으로 전화하십시오.

Upper Endoscopy (EGD)

How to prepare and what to expect

Your EGD procedure is scheduled for _____, _____, at _____
DAY DATE TIME

How to Prepare

7 Days Before	5 Days Before	On Procedure Day
<p>Date:</p> <ul style="list-style-type: none"> • If you take blood-thinning medicines such as Coumadin (warfarin) or Plavix (clopidogrel): <ul style="list-style-type: none"> - Call the provider who prescribed these medicines. - Tell the provider that you are having an upper endoscopy (EGD), and the date of your procedure. - Ask for special instructions for your blood-thinning medicines. • Cancellations: If you need to cancel or reschedule your procedure, please call 206._____. • Discharge and transportation: <ul style="list-style-type: none"> - An adult family member or friend must pick you up when you are ready to go home. You cannot drive, take a bus or taxi, or use a service such as Hopelink or Paratransit by yourself after your test. - Your test will be cancelled if you do not have an adult family member or friend to take you home. - We strongly advise that a responsible adult stay with you for the rest of the day. 	<p>Date:</p> <ul style="list-style-type: none"> • If you have diabetes: <ul style="list-style-type: none"> - Call the provider who manages your diabetes medicines. - Tell the provider that you are having an upper endoscopy (EGD), and the date of your procedure. - Ask for special instructions for your diabetes medicines. 	<p>Date:</p> <ul style="list-style-type: none"> • Do not eat anything after midnight the night before your procedure. • As soon as you get up in the morning, take your morning medicines with water. • Until 2 hours before your procedure, you can drink clear fluids (fluids you can see through). These include juice (apple, grape, or cranberry), broth, black coffee, tea without milk, sports drinks, soda, or Jell-O (green or yellow only). • Leave valuables at home, or keep them safe with your driver or escort <p>What to bring to your appointment:</p> <ul style="list-style-type: none"> • An adult family member or friend • A list of all medicines you currently take • Photo ID, insurance care, and co-pay, if needed <p>At the hospital:</p> <p>You must remove all jewelry and piercings before the procedure. If you can, leave all valuables at home, or give them to your family member or friend for safekeeping.</p>

Locations and Parking

Harborview Medical Center

GI Endoscopy Suite
Maleng Building, 8th Floor
410 Ninth Ave., Seattle, WA 98104
206.744.3519

Parking 24 hours a day, 7 days a week in the Ninth and Jefferson Garage (P2) off James and Terry.

University of Washington Medical Center

Digestive Health Center
Surgery Pavilion, 3rd Floor
1959 N.E. Pacific St., Seattle, WA 98195
206.598.4377

From N.E. Pacific St., follow signs to the Emergency Room. At the stop sign, turn left into the Surgery Pavilion Parking Garage. After parking, take the elevator to the 3rd floor. Turn right into the Digestive Health Center.

Northwest Hospital

1550 N. 115th St., Seattle, WA 98133
206.368.1770

The Endoscopy Procedure Suite is on the 1st floor of the main hospital, across from Starbucks.

Eastside Specialty Center

3100 Northup Way, Bellevue, WA 98004
425.646.7777

Free parking on site.

Seattle Cancer Care Alliance

825 Eastlake Ave. E., Seattle, WA 98109-1023
206.606.1329

The Procedure Suite is on the 2nd floor of the clinic.

What is an upper endoscopy?

An upper endoscopy lets your doctor look at the lining of your *esophagus* (the tube that goes from your mouth to your stomach), your stomach, and the first part of your small intestine.

During the exam, a flexible tube, about the width of a little finger, will be placed into your mouth and down into your stomach and small intestine. This tube will not get in the way of your breathing.

What to Expect

- You will receive a *sedative* (relaxation medicine) to help you relax. This medicine will be given to you through a small tube called an *intravenous* (IV) line placed into one of your veins.
- Most people fall asleep. But, if you do not fall asleep and are feeling some discomfort, we will do our best to help you be comfortable.
- If needed, your doctor may take small tissue samples called *biopsies*. You will not feel this because there are no nerve endings in that layer of tissue.
- Your doctor may also *dilate* (expand) narrow areas or stop bleeding inside your small intestine.
- This test will take only about 15 minutes, but you will be in the hospital longer than that, to allow time for you to prepare for the exam and recover afterward.

How do I get the test results?

When you wake up after the procedure, your doctor will talk with you about the results. If your results are not ready right after the exam, we will tell you when you can expect to receive them.

Questions?

Your questions are important. Please call if you have questions or concerns. Weekdays between 8 a.m. and 5 p.m., call the clinic where your EGD is scheduled. After hours and on weekends and holidays, call the Community Care Line at Harborview, 206.744.2500.