

When to Call Your Perinatal Health Care Provider

This handout gives signs and symptoms during pregnancy that require a call to your perinatal health care provider.

Your perinatal health care provider has told you to call the clinic if you have certain symptoms. You should also call your health care provider if you have:

- Nausea or vomiting that will not go away
- Greater thirst or more urination than is normal for you
- Pulse of 120 or higher
- Shortness of breath
- Chest pain
- Dizziness or fainting
- Fever of 100.4°F (38°C) or above, or chills
- Sharp pain in your belly that will not go away
- Contact with someone who has measles, German measles or chicken pox (if you have never had these illnesses and have not been vaccinated for them)



Call your perinatal care provider if your pulse is 120 or higher.

Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Maternal and Infant Care
Clinic: 206-598-4070

Labor and Delivery:
206-598-4616