



## Marka Qof la Jeclaa uu ku Geeriyoodo Isbitaalka Jawaabaha su'aalaha caadiga ah

*Aad ayaan uga xunahay khasaarahaaga. Waxaan ognahay in qoraalkan laga yaabo inay adag tahay in hadda la akhriyo.*

*Qoraalkani waxa uu ka jawaabayaa su'aalo badan oo laga yaabo inaad wakhtigan qabtid. Waxa kale oo ay ku siinaysaa lambarada telefoonada aad u baahan karto iyo ilaha mareegaha (website resources).*

Qoysaska iyo saaxiibada bukaanka ku dhintay isbitaalka ayaa su'aalo qaba. Waxay rabaan inay ogaadaan waxa dhacaya dhimashada ka dib, waxa shaqaalaha isbitaalka iyo xubnaha qoyska ay u baahan yihiin inay sameeyaan, iyo sida loo helo agabka ay u baahan yihiin.

Waxaan rajeyneynaa in qoraalkani uu ka jawaabo su'aalahaan qaarkood. Waxa kale oo laga yaabaa in lambaradani noqdaan kuwo ku caawiya:

### Xarunat caafimaadka ee Jaamicada Washington (UWMC)

Admitting (Gelitaanka).....206.598.4310

*Fadlan na soo wac oo noo sheeg magaca guriga aaska ama goobta gubista ee aad isticmaali doontid.*

Baadhista meydka iyo Adeegyada Dhimashada Kadib/ Baatolojiga dhismo jireedka(Anatomic Pathology)..... 206.598.4205

*Fadlan na soo wac waxii su'aalo ku saabsan qaadista iyo meelaynta, baaritaanka meydka, iyo arrimo kale.*

Shaqada Bulshada iyo Iskuduwidda Daryeelka .....206.598.4370

Daryeelka Ruuxiga & Ladnaanta ..... 206.598.9174

Nambarka Guud ee UWMC.....206.598.3300

### Xarunta Caafimaadka ee Harborview (HMC)

Gelitaanka “Admitting”/Kormeeraha Maamulka

Kalkaalisada.....206.744.3085



*Aad baanu uga xunahay khasaarahaaga.*

Baadhista meydka iyo Adeegyada Dhimashada  
Kadib/Baatolojiga dhismo jireedka.....206.744.3078

*Fadlan na soo wac oo noo soo sheeg magaca guriga aaska ama goobta gubista ee aad isticmaali doonto. Waxa kale oo aad na waydiin kartaa su'aalo ku saabsan meelaynta, baaritaanka meydka, iyo arrimo kale.*



Shaqada Bulshada..... 206.744.8030  
Daryeelka Ruuxiga..... 206.744.3155  
Nambarka Guud ee HMC..... 206.744.3000

## University of Washington School of Medicine

Barnaamijka Ku-Deeqidda Jirka ..... 206.543.1860  
<http://wbp.biostr.washington.edu>

Shaybaadhka Maskaxda ee UW..... [uwnp@uw.edu](mailto:uwnp@uw.edu) | 206.897.6566  
<https://dlmp.uw.edu/research-labs/keene/braindonation>

## Khayraadka Bulshada (Community Resource)

Baadhaha Caafimaadka Degmada King (KCME).....206.731.3232  
[www.kingcounty.gov/healthservices/health/examiner.aspx](http://www.kingcounty.gov/healthservices/health/examiner.aspx)

Xafiiska Tirakoobka ee Degmada King/Shahaadooyinka Dhimashada  
.....206.897.5100  
<https://kingcounty.gov/depts/records-licensing/archives/research-guides/vital.aspx>

## Hay'adaha Deeqdaha Xubnaha, Unugyada iyo Cornea (Iakabka sare ee cad ee xagga hore ee isha)

Xog guud oo ku saabsan deeqda.....[www.donatelifetoday.com](http://www.donatelifetoday.com)  
LifeCenter Northwest.....877.275.5269  
LifeNet Health Northwest.....800.847.7831  
SightLife 24-Saac Iskuduwaha Deeqaha.....800.214.6356  
Shaybaadhka Maskaxda ee UW.....[uwnp@uw.edu](mailto:uwnp@uw.edu) | 206.897.6566

## Sidee ku ogaan karnaa sababta dhimashada keentay? Ma waydiin karnaa faahfaahin ku saabsan xilligii dhimashada ka horraysay?

Waxay noqon kartaa mid waxtar leh in la ogaado sababta dhimashada qof la jecel yahay iyo waxa keenay dhimashada. Waxa aan kugu dhiirigelinaynaa inaad arrintan kala hadasho dhakhtarkii maamulayey daryeelidda qofka aad jeceshahay. Dhakhtarku wuxuu ka jawaabi karaa su'aalaha ku saabsan habkii dhimashada iyo waxa laga yaabo inuu sababay dhimashada..

Sida ugu dhakhsaha badan ee aad awooddo, fadlan u sheeg kalkaalisadaada inaad jeceshahay inaad la hadasho dhakhtarka. Haddii aanu dhakhtarku wakhtigan joogin cusbitaalka, kalkaalisadaadu waxa ay kuu sheegi kartaa sidaad u heli lahayd.

*shaqaale bulsho ayaa ku dhegaysan kara oo kaala hadli kara waxyaalaha qaarkood ee loo baahan doono in la qabto iyo go'aamada loo baahan doono in la sameeyo.*

*Haddii aad jeclaan lahayd inaad la kulanto shaqaale bulshood, fadlan la hadal shaqaalaha kalkaalisada caafimaadka ama wac waaxda Shaqada Arrimaha Bulshada ee xaruntaada caafimaadka (ka eeg lambarada taleefanka bogga 1aad).*

Sida kale ee lagu ogaan karo sababta dhimashada ayaa ah in baaritaan lagu sameeyo meydka. Fadlan eeg boggaga 5 iyo 6 si aad wax badan uga ogaato baaritaanka meydadka.

## **Marka qof la jecel yahay dhinto, muxuu qoyskoodu u baahan yahay inay sameeyaan?**

Shaqaalaha isbitaalka ayaa qoyska marxuumka kala hadli doona:

- La shaqaynta hay'adaha deeqda si ay u ogaadaan haddii qofkii ay jeclaayeen uu noqon karo deeq-bixiyeyaasha xubin, nudo ama isha (cornea)
- Baadhista meydka oo la sameeyo.
- La shaqaynta guriga aaska si loo buuxiyo shahaadada dhimashada xubnaha qoyska ama wakiilka sharciga ah ee marxuumka ayaa go'aan ka gaari doona:
- Haddii ay rabaan in baaritaanka meydadka la sameeyo (qaliin (autopsy)). Tani waxay noqon kartaa dhowr maalmood ka dib dhimashada, laakiin baaritaanka meydka waa in la sameeyaa ka hor aaska, duugista, ama gubista. Waxaa laga yaabaa inay jiraan arrimo jadwal oo loo baahan yahay in laga fekerro. Ogsoonow in baaritaanka meydka uu marmar sharcigu u baahan yahay (eeg bogga 5).
- Meesha qofka ay jecel yihiin jidhkiisu aadi doono aas, duugis, ama gubasho. Go'aankan waxaa la gaari karaa dhowr maalmood ka dib dhimashada.

Qaar ka mid ah hawlaha sharciga ah ee ay tahay in la qabto dhimashada ka dib ayaa lagu sharaxay qoraalada ku jira Baakada Baroordiiqda. Qoraalada "Dhimashada Kadib" iyo "Qorsheynta Aaska" waxay sharxayaan waxa loo baahan yahay in la sameeyo ee ku saabsan Lambarka Bulshada iyo faa'iidooyinka halyeeyada, caymiska nololaha, dardaarannada, iyo xisaabaadka bangiga. "Qorsheynta aaska" sidoo kale waxaa ku jira macluumaadka aasaasiga ah ee ku saabsan doorashada adeegga aaska ama gubista.

## **Maxaan sameynaa aaska ama gubista?**

Waxaa jira guryo badan oo aaska iyo xarumo gubis oo ku yaalla agagaarka Seattle. Dadka qaarkiis waxay u doortaan guriga aaska ama goobta gubista iyagoo ku salaynaya meesha uu ku yaal ama talada qoyska ama asxaabta.

Funeral” in the Bereavement Packet.

Isbitaalku ma bixiyo adeegyada aaska, duugista, ama gubashada. Sidoo kale ma siinno talo ku saabsan xarumaha kale ama adeegyadooda. Laakiin, waxaanu ku siinaynaa warbixino kaa caawinaya inaad go'aan gaadho. Fadlan eeg qoraalka "Qorsheynta Aaska" ee ku jira Xirmada Baroorta.

- Kadib markaad go'aansatid aaska, duugista, ama gubista, fadlan na soo wac oo noo soo sheeg magaca guriga aaska ama goobta gubista:

- **Loogu talo galay Bukaannada UWMC:**

- Wac Adhmitinka "Admitting" 206.598.4310 ama Adeegyada Dhimashada ka dib 206.598.4205..
- Guriga aaska ama shaqaalaha xarunta gubista ee meydka ayaa sidoo kale wici doona UWMC "Admitting" ama Adeegyada Dhimashada ka dib si ay u qabanqaabiyaan si ay u qaadaan meydka.
- Shaqada Bulshada ee UWMC iyo Isku-dubbaridka Daryeelka ama Adeegyada Dhimashada Kadib waxay kaa caawin karaan arrimo gaar ah, sida ka saarista jidhka gobolka ama waddanka, ama helitaanka adeeg gubasho toos ah..

- **Loogu talo galay Bukaannada HMC:**

- Wac Adeegyada Dhimashada ka dib 206.744.3078.
- Shaqaalaha guryaha aaska ama xarunta gubista ayaa sidoo kale waci doona Adeegyada Dhimashada Kadib ee HMC si ay u qabanqaabiyaan si ay u qaadaan meydka.
- Shaqada Bulshada ee HMC iyo Isku-dubbaridka Daryeelka ama Adeegyada Dhimashada Kadib waxay kaa caawin karaan arrimo gaar ah, sida ka saarista jidhka gobolka ama waddanka, ama helitaanka adeeg gubasho toos ah..

## **Waa maxay gubasho toos ah?**

Gubitaanka tooska ah waxay ka dhigan tahay inaan jidhka la ilaalin ama aan sina loo diyaarin ka hor inta aan la gubin. Xaflada aaska ama xusuusta weli waa la qaban karaa. Si aad wax badan uga barato gubista tooska ah, ka raadi "Adeegyada Gubista" intarneedka.

## **Ka waran haddii aanaan awoodin guri aaska ah??**

Haddii lacagtu ay tahay walaac, weydiiso in aad shaqaalaha bulshada kala hadasho fikrado ku saabsan aaska qiimaha jaban.

## **Maxaa dhacaya haddii aan rabno in aanu ugu deeqno jirka qofka aannu jecelnahay sayniska?**

Ku-deeqidda jidhka ujeedooyin cilmiyeed waxaa lagu sameyn karaa oo keliya xaalado cayiman. Barnaamijka Dardaranka Jirka ee Waaxda Qaabdhismeedka Bayoolajiga (Anatomy) ee Jaamacadda Washington ayaa aqbali doontaa qaar ka mid ah meydadka lagu deeqdo.

Si loo eego haddii barnaamijku u aqbali doono jidhka qofka ay jecel yihiin deeq ahaan, qoysasku waa inay wacaan 206.543.1860 maalmaha shaqada laga bilaabo 8 subaxnimo ilaa 4:30 galabnimo. Sababtoo ah deeqdu waxay u baahan tahay inay si degdeg ah u dhacdo, qoysasku waa inay wacaan Barnaamijka Jidh Doonka ah sida ugu dhakhsaha badan ee ay awoodaan ka dib marka dhimashadu dhacdo.

Haddii aan la aqbalin deeqda, qoyska waxaa laga doonayaa inay sameeyaan qabanqaabo kale oo ay ku daryeelaan jirka qofka ay jecel yihiin. Barnaamijka Doonista Jirka ma bixiyo adeegyada baadhitaanka jidhka meydka (autopsy).

Waad codsan kartaa in aad noqoto deeq bixiyayaasha Jidhka meydka ka hor inta aysan dhimashadu dhicin. Si aad wax badan u barato, booqo <http://wbp.biostr.washington.edu>.

Sida kale ee wax loogu biirin karo sayniska waa in la siiyo waaxdeena Barashada Cudurada Qaabdhismeedka jidhka (Anatomic Pathology) ogolaansho si ay u sameeyaan baaritaanka meydka (autopsy).

Baadhitaanada meydka waxay caawiyaan bixinta tababarada takhaatiirta, ardayda caafimaadka, Dhakhtarada daawaynta kiliinikada iyo cudurada, iyo bixiyayaasha kale ee daryeelka caafimaadka iyo ardayda..

## **Ka waran haddii aanu rabno inaan ku deeqno nudaha maskaxda ee qofkayaga aan jecelnahay?**

Dad badan ayaa wax ka og saameynta naf-badbaadinta ee ku-deeqidda xubnaha, laakiin dad yar ayaa garan kara sida deeqaha unugyada maskaxda ay u caawinayaan. Ku-deeqidda unugyada maskaxda ee shakhsiyadka leh iyo kuwa aan lahayn taariikhda cudurka maskaxda labaduba waxay muhiim u yihiin cilmi-baarista caafimaadka. Deeqdu waxay caawisaa cilmi-baarayaasha inay bartaan faraqa u dhexeeya maskaxda caadiga ah iyo kuwa ay saameeyeen neerfayaasha oo xumaaday ama hoos u dhac ku yimi (waayitaanka unugyada gaarka ah ee maskaxda) ama dhaawaca maskaxda.

Shaybaadhka Maskaxda Biorepository iyo Integrated Neuropathology (BraIN) ee Waaxda Daawada Shaybaadhka iyo baatolojiga (Pathology) waxay ururiyaan unugyada maskaxda si cilmi-baaris caafimaad loogu sameeyo. Cilmi-baarayaashani waxay daraaseeyaan sida maskaxdu u shaqeeyso. Qoysasku waxay heli doonaan warbixin ku saabsan natiijada ka soo baxda maskaxda qofka ay jecel yihiin.

Qoysasku waxay ku diyaarin karaan shaybaadhka Maskaxda (BRAIN) si ay ugu deeqaan nudaha maskaxda ee qofka ay jecel yihiin iyo Barnaamijka Doonista Jirka si ay ugu deeqaan jidhka intiisa kale. Si aad wax badan u barato, booqo <https://dlmp.uw.edu/research-labs/kene/braindonation>.

## **Qof ma nagala hadli doonaa ku-deeqidda xubnaha iyo unugyada?**

Xarumaha UW Medicine waxay la shaqeeyaan hay'adaha deeqaha ee maxaliga ah. Hay'adahaas waxaa ka mid ah LifeCenter Northwest, LifeNet Health Northwest, iyo SightLife. Waxaan hay'adahan u sheegaynaa dhammaan dhimashada ka dhacda isbitaalka.

Arrimo badan ayaa la tixgeliyaa marka la go'aaminayo haddii qof noqon ku-deeqe xubin, unug, ama isha. Haddii bukaanku noqon karo:

- ku-deeqaha unug ama isha, waxaanu kala hadli doonaa xigtadooda sharciga ah ku-deeqidda. Waxaan la xiriiri doonaa qofkan dhowr saacadood gudahood dhimashada ka dib.
- ku-deeqaha xubnaha, waa inaan kala hadalnaa deeqda xigtadooda sharciga ah ka hor inta aan la joojin taageerada neefsashada. Haddii bukaanku hore u ahaa deeq bixiye diiwaan gashan, waxaan u sheegi doonaa qoyska marka aan ka hadalayno deeqda.

Si aad wax badan uga ogaato ku-deeqidda, xubnaha qoysku waxay wici karaan mid ka mid ah hay'adaha hoos ku qoran "Hay'adaha Deeqaha ee Xubanaha, Nudaha/unugyada, iyo isha (Cornea)" ee bogga 2 ee qoraalkan.

### **Waa Maxay Qaliinka Baaritaanka Meydka (Autopsy)?**

Qaliinka Baadhitaanka Meydka waa habraac caafimaad oo mararka qaarkood la sameeyo dhimashada ka dib. Waxay kaa caawin kartaa in la helo sababta dhimashada. Waxa kale oo ay kaa caawin kartaa in la ogaado cudurka sababay calaamadaha bukaanka. Qaliinka waxaa sameeya dhakhtar leh tababar khaas ah oo ku saabsan barashada cudurada (Pathology “daraasadda cudurrada”). Waxaanu bixinaa in qaliinka baadhitaanka jidhka (autopsy) lagu sameeyo meydka mar kasta oo uu bukaan dhinto. Ma jiro wax lacag ah oo qoyska laga qaado nidaamkaas. Waxaan rumaysanahay in baaritaanka meydka uu ka caawin karo qoyska inay fahmaan dhimashada iyo cudurka midka ay jecel yihiin. Natiijooyinka qaliinka baaritaanka meydka ayaa sidoo kale caawin kara in ay wax baraan bixiyeyaasha daryeelka caafimaadka, iyo in ay gacan ka geystaan hagaajinta daaweynta caafimaadka iyo ogaanshaha cudurada bukaannada kale. Si loo baaro meydka (autopsy), waa inaan ogolaansho ka helnaa qofka uu u fasaxay sharciga gobolka Washington inuu bixiyo ogolaanshaha baaritaanka meydka. Qofkaas waa inuu buuxiyaa foomka

"Oggolaanshaha/Awood-siinta in la sameeyo Qaliinka Baaritaanka jidhka (autopsy) ee UW Medicine", waana in saxeexooda la markhaati furo. Foomkan waxa uu leeyahay liis qof kasta oo loo oggolaaday inuu bixiyo oggolaanshaha baadhitaanka meydka ee hoos yimaada sharciga gobolka Washington, siday u kala horreeyaan.

Oggolaanshaha/Awood-siinta waxa kale oo lagu bixin karaa telefoonka. Qoraalka la yiraahdo "Autopsy"(Qaliinka badhitaanka jidhka Maydka) ayaa sharxaya wax badan oo ku saabsan nidaamka. Waxay ku jirtaa xidhmada Baroorta. Si aad wax badan u barato, waxa kale oo aad wici kartaa Adeegyada Badhitaanka Meydka (autopsy) iyo Dhimashada Kadib (eeg lambarada telefoonka ee bogga 1).

## **Miyaa baadhista meydka (autopsy) la sameeyaa mar aan la codsan?**

Baadhista meydka weligeed laguma sameeyo xarunta UW Medicine ilaa ogolaansho uu bixiyo qofka u fasaxay sharciga gobolka Washington si uu u bixiyo ogolaanshaha baadhitaanka maydka (Autopsy).

**Baaritaanka meydka ayaa laga yaabaa inuu u baahdo sharcigu** sababtoo ah nooca dhimashada ama faahfaahinta ku saabsan dhimashada. Tan waxaa ka mid ah dhimashada daroogada xad dhaafka ah, dhaawacyada, iyo shilalka.

Sharcigu wuxuu nooga baahan yahay inaan u sheegno noocyada dhimashada Xafiiska Baadhitaanka Caafimaadka ee Degmada King (KCME). Haddii Baadhaha Caafimaadku uu ku lug yeesho, baadhitaanka meydka (autopsy) ayaa lagu samayn karaa xafiiska KCME.

Haddii dhakhaatiirta KCME ay go'aansadaan in baaritaanka meydka la sameeyo, sharciga ayaa u oggolaanaya inay sidaas sameeyaan. Uma baahna inay fasax ka helaan qoyska. Laakiin, KCME waxay isku dayi doonaan inay la xiriirto qoyska si ay ugala hadasho baahida baaritaanka meydka.

Ma jiro wax lacag ah oo ku saabsan baaritaanka KCME Waxaad ka wici kartaa Xafiiska KCME 206.731.3232.

## **Qoyska ama ehelku qofka ay jecel yihiin ma weydiisan karaan in baaritaan lagu sameeyomeydka (autopsy)?**

Haa. Inta badan, waxaan waydiisannaa qoyska bukaankii dhintay ogolaansho in baaritaanka meydka la sameeyo. Haddii aan la weydiin, xubnaha qoysku waxay codsan karaan in baaritaanka meydka lagu sameeyo.

Si loo baaro meydka (autopsy), qofka sharciga gobolka Washington u fasaxay inuu bixiyo ogolaanshaha waa inuu oggolaadaa baaritaanka meydka. Ma samayn doono baadhitaan meydka haddii qofkani aanu bixin ogolaansho, ama haddii aanu heli waynay qofkan.

Haddii qofkani uu bixiyo ogolaansho, waxay sheegi karaan qaybaha jidhka ee laga yaabo in la baaro. Qofkani waxa laga yaabaa inuu rabo inuu la hadlo dhakhtarka ama baatolojiiska (dhakhtarka daraaseeya cudurrada iyo sababahooda) marka uu go'aankaas gaadhayo. Intee in le'eg ayuu jirku sii joogi doonaa qolka cisbitaalka bukaanka?

Waan ognahay in laga yaabo in aad rabto inaad waqti la qaadata qofka aad jeceshahay geerida ka dib. Jidhka ayaa u baahan doona in laga qaado qolka bukaanka dhawr saacadood ka dib dhimashada..

Shaqaalaha kalkaalisada caafimaadka ayaa kaala hadli doonta arrintan.

## **Xaggee jirku aadaa marka uu ka baxo qolka cisbitaalka bukaanka?**

Meydadka ayaa la geynayaa meel ammaan ah oo la qaboojiyay oo ku dhex taalla isbitaalka, oo loo yaqaan " morgue" (qolka meydka).

Meydadka waxaa lagu hayn karaa qolka meydka dhowr maalmood, ilaa qoysku ay doortaan guriga aaska ama hay'adda aaska ama gubidda. Ka dib marka qoysku sameeyo doorashadan, shaqaalaha ka socda guriga aaska ama hay'adda ayaa diyaarin doona inay qaadaan meydka.

## **Ma ka qaadi karnaa sawiro kan aan jecelnahay?**

Haa, waxa aad sawiro ka qaadan kartaa qofka dhintay inta qolka cisbitaalka uu yaalo. Fadlan la hadal kalkaalisadaada ama shaqaalaha bulshada haddii aad rabto inaad sawiro ka qaaddo isbitaalka dhexdiisa. Waxay kaa caawin karaan tan.

Waxa kale oo aad dooran kartaa in aad sawiro qaadatid ka dib marka qofka aad jeceshahay jirkiisa lagu diyaariyo guriga aaska.

## **Qoys baa ka imaanaya meel magaalada ka baxsan oo raba inay arkaan meydka. Miyay arki karaan meydka isbitaalka dhexdiisa?**

Dhowr saacadood ka dib dhimashada, meydka ayaa laga rari doonaa qolka bukaanka oo la geyn doonaa qolka meydka ee isbitaalka. Waa suurto gal in lagu arko meydka qolka meydka, laakiin tani waa in la sii diyaariyaa waqti ka hor:

- **Bukaannada UWMC:** Wac Adeegyada Dhimashada Ka Dib 206.598.4205, ama Shaqada Bulshada iyo Iskuduwidada Daryeelka 206.598.4370.
- **Bukaannada HMC:** Ka wac kormeeraha maamulka kalkaaliyayaasha 206.744.3085, ama Adeegyada Dhimashada Kadib 206.744.3078.  
Inta badan, aragtida jirka ee qolka meydka ee isbitaalka waxaa la sameyn karaa ookeliya saacadaha shaqada ee caadiga ah. Qoysas badan ayaa doorta in daawashadan lagu sameeyo guriga aaska ee ay doorteen.

## **Maxaa ku dhacaya alaabta qofka aan jecelnahay?**

Haddii xubnaha qoysku ay joogaan marka geeridu dhacdo, waxaanu waydiisanaynaa inay qaataan dhammaan alaabta bukaanka. Haddii waxyaalo ka hadhaan, waxaanu ku calaamadayn doonaa magaca bukaanka oo aanu u diri doonaa "Admitting". Qoyska ayaa laga yaabaa inay alaabta halkaas ka soo qaataan. Waxay sidoo kale siin karaan maamulaha guriga aaska fasax ay ku soo qaadaan alaabta marka shaqaalaha guriga aaska ay yimaadaan isbitaalka si ay sidoo kale u qaadaan jirka meydka. Yaa buuxiya shahaadada dhimashada?



Shaqaalaha isbitaalku waxay buuxin doonaan qaybta "Sababta Dhimashada" ee shahaadada dhimashada. Shaqaalaha ka socda hoyga aaska ama qabuuraha ama adeega gubista ayaa qoyska kala hadli doona si ay u dhamaystiraan qaybta "Macluumaadka Shakhsiga" ee shahaadada dhimashada. Shahaadada dhimashada lama xerayn karo ama lama cadayn karo macluumaadkan la'aanteed.

### Sideen ku helnaa nuqulada shahaadada dhimashada?

Waxaad nuqullo shahaado ah oo shahaado dhimasho ah ka heli kartaa maamulaha aaska ee aad la shaqaynayso. Waxa kale oo aad nuqul ka iibsaa kartaa Waaxda Tirakoobka Muhiimka ah ee Degmada King. Wac 206.897.5100 ama booqo boggooda internetka oo ah [www.kingcounty.gov/healthservices/health/vitalstats.aspx](http://www.kingcounty.gov/healthservices/health/vitalstats.aspx).

### Ma jiraan ilo ama meelo kale oo waxtar ama caawimo leh?

Waxaan haynaa qoraallo badan oo laga yaabo inay caawiyaan qoysaska marka ay dhimasho dhacdo ka dib. Qaar kuwan ka mid ah waxay ku jiraan Baakadaada Baroorta.

Waxa kale oo aad ka heli kartaa qoraalladan onlaynka ah <https://healthonline.washington.edu>. Isticmaal ereyga raadinta "grief":

- "Dhimasho ka dib: Hagaha maalmaha iyo toddobaadyada soo socda"
- "Adeegyada Taageerada murugada (baroorta): ilaha iyo meelaha, kooxaha taageerada, iyo buugaagta"
- "Hagaha Murugada: Baroorta luminta qof la jecel yahay".

### Su'aalo?

- Haddii aad hayso su'aalo ku saabsan doorashada guriga aaska, adeegyada gubista, baaritaanka meydka, shahaadooyinka dhimashada, ama arrimo kale oo la xiriira, wac Adeegyada Dhimashada Kadib ee xaruntaada caafimaadka:
- Bukaanada UWMC:** Wac 206.598.4205 oo weydii in aad la hadasho xubin ka tirsan shaqaalaha ama dhakhtarka baatologiga Habdhismeedka jirka
- Bukaanada HMC:** Wac 206.744.3078.



# When a Loved One Dies in the Hospital

## Answers to common questions

*We are very sorry for your loss. We know that this handout may be hard to read right now.*

*This handout answers many of the questions you may have at this time. It also gives phone numbers you may need and website resources.*

Families and friends of a patient who has died in the hospital have questions. They want to know what happens after the death, what hospital staff and family members need to do, and how to find the resources they need.



*We are very sorry for your loss.*

We hope this handout answers some of these questions. You may also find these phone numbers helpful:

### University of Washington Medical Center (UWMC)

Admitting..... 206.598.4310

*Please call us with the name of the funeral home or cremation facility you will be using.*

Autopsy and After Death Services/Anatomic Pathology...206.598.4205

*Please call us with questions about disposition, autopsy, and other issues.*

Social Work and Care Coordination..... 206.598.4370

Spiritual Care & Wellbeing ..... 206.598.9174

Main UWMC number..... 206.598.3300

### Harborview Medical Center (HMC)

Admitting/Nursing Administrative Supervisor..... 206.744.3085

Autopsy and After Death Services/Anatomic Pathology...206.744.3078

*Please call us with the name of the funeral home or cremation facility you will be using. You can also ask us questions about disposition, autopsy, and other issues.*



*A social worker can listen and talk with you about some of the things that will need to be done and decisions that will need to be made.*

*If you would like to meet with a social worker, please talk with the nursing staff or call the Social Work department for your medical center (see phone numbers on page 1).*

Social Work.....	206.744.8030
Spiritual Care.....	206.744.3155
Main HMC number.....	206.744.3000

## **University of Washington School of Medicine**

Willed Body Program.....	206.543.1860
<i><a href="http://wbp.biostr.washington.edu">http://wbp.biostr.washington.edu</a></i>	
UW BRaIN Laboratory.....	uwntp@uw.edu   206.897.6566
<i><a href="https://dlmp.uw.edu/research-labs/keene/braindonation">https://dlmp.uw.edu/research-labs/keene/braindonation</a></i>	

## **Community Resources**

King County Medical Examiner (KCME) .....	206.731.3232
<i><a href="http://www.kingcounty.gov/healthservices/health/examiner.aspx">www.kingcounty.gov/healthservices/health/examiner.aspx</a></i>	
King County Vital Statistics/Death Certificates .....	206.897.5100
<i><a href="https://kingcounty.gov/depts/records-licensing/archives/research-guides/vital.aspx">https://kingcounty.gov/depts/records-licensing/archives/research-guides/vital.aspx</a></i>	

## **Organ, Tissue, and Cornea Donation Agencies**

General information on donation.....	<i><a href="http://www.donatelifetoday.com">www.donatelifetoday.com</a></i>
LifeCenter Northwest .....	877.275.5269
LifeNet Health Northwest.....	800.847.7831
SightLife 24-Hour Donor Coordinator.....	800.214.6356
UW BRaIN Laboratory.....	uwntp@uw.edu   206.897.6566

## **How do we find out the cause of the death? Can we ask for details about the time before the death?**

It can be helpful to know the cause of a loved one’s death and what led up to the death. We encourage you to talk about this with the doctor who managed your loved one's care. The doctor can answer questions about the dying process and what may have caused the death.

As soon as you can, please tell your nurse that you would like to speak with the doctor. If the doctor is not at the hospital at the moment, your nurse can tell you how to reach them.

Another way to find out the cause of death is to have an autopsy done. Please see pages 5 and 6 to learn more about autopsies.

## **When a loved one dies, what does their family need to do?**

Hospital staff will talk with the family of the deceased about:

- Working with donation agencies to find out if their loved one can be an organ, tissue, or cornea donor

- Having an autopsy done
- Working with the funeral home to fill out the death certificate

Family members or the legal representative of the deceased will decide:

- If they want an autopsy to be done. This can be several days after the death, but the autopsy must be done before a funeral, burial, or cremation. There may be scheduling issues to think about. Note that an autopsy is sometimes required by law (see page 5).
- Where their loved one's body will go for a funeral, burial, or cremation. This decision can be made several days after death.

Some of the legal tasks that must be done after a death are explained in the handouts in your Bereavement Packet. The handouts "After a Death" and "Planning a Funeral" explain what needs to be done about Social Security and veteran's benefits, life insurance, wills, and bank accounts. "Planning a Funeral" also includes basic information about choosing a funeral or cremation service.

## What do we do about burial or cremation?

There are many funeral homes and cremation facilities in the Seattle area. Some people choose a funeral home or cremation facility based on its location or advice from family or friends.

The hospital does not provide funeral, burial, or cremation services. We also do not give advice about other facilities or their services.

After you have decided about funeral, burial, or cremation, please call us with the name of the funeral home or cremation facility:

- **For UWMC patients:**
  - Call Admitting at 206.598.4310 or After Death Services at 206.598.4205.
  - The funeral home or cremation facility staff will also call UWMC Admitting or After Death Services to arrange to move the body.
  - UWMC Social Work and Care Coordination or After Death Services can help you with special issues, such as moving the body out of the state or country, or finding a direct cremation service.
- **For HMC patients:**
  - Call After Death Services at 206.744.3078.
  - The funeral home or cremation facility staff will also call HMC After Death Services to arrange to move the body.

- HMC Social Work or After Death Services can help you with special issues, such as moving the body out of the state or country, or finding a direct cremation service.

## What is direct cremation?

*Direct cremation* means that the body is not *embalmed* (preserved) or prepared in any way before it is cremated. A funeral or memorial service can still be held. To learn more about direct cremation, search for “Cremation Services” on the internet.

## What if we cannot afford a funeral home?

If money is a concern, ask to talk with a social worker for ideas on lower-cost funerals.

## What if we want to donate our loved one’s body to science?

Donating a body for scientific purposes can be done **only** under certain conditions. The Willed Body Program at the Department of Biological Structure (Anatomy) at the University of Washington will accept **some** bodies for donation.

To see if the program will accept their loved one’s body for donation, families must call 206.543.1860 weekdays from 8 a.m. to 4:30 p.m. Because the donation needs to happen quickly, families should call the Willed Body Program as soon as they can after the death occurs.

If the donation is not accepted, the family will need to make other arrangements for taking care of their loved one’s body. The Willed Body Program does not provide autopsy services.

You can apply to become a body donor before death occurs. To learn more, visit [www.uwmedicine.org/school-of-medicine/about/willed-body-program](http://www.uwmedicine.org/school-of-medicine/about/willed-body-program).

Another way to contribute to science is to give our Anatomic Pathology department permission to do an autopsy. Autopsies help provide training for attending doctors, medical students, residents in clinical medicine and pathology, and other healthcare providers and students.

## What if we want to donate our loved one’s brain tissue?

Many people know about the life-saving impact of organ donation, but less people know how helpful brain tissue donations are. Brain tissue donations from individuals with and without a history of brain disease are both important for medical research. Donations help researchers learn about differences between the normal brain and those affected by *neurodegeneration* (the loss of specific cells in the brain) or a traumatic brain injury.

The Biorepository and Integrated Neuropathology (BRaIN) Laboratory in the Department of Laboratory Medicine and Pathology collects brain tissues for medical researchers. These researchers study how the brain functions. Families will receive a report about the findings from their loved one's brain.

Families may arrange with the BRaIN lab to donate their loved one's brain tissue and with the Willed Body Program to donate the rest of the body. To learn more, visit <https://dlmp.uw.edu/research-labs/keene/braindonation>.

## Will someone talk with us about organ and tissue donation?

UW Medicine facilities work with local donation agencies. These agencies include LifeCenter Northwest, LifeNet Health Northwest, and SightLife. We tell these agencies about all deaths that occur in the hospital.

Many issues are considered in deciding if someone can be an organ, tissue, or cornea donor. If the patient can be:

- A tissue or cornea donor, we will talk with their legal next of kin about donation. We will contact this person within a few hours after the death.
- An organ donor, we must talk with their legal next of kin about donation **before** breathing support is stopped.

If the patient is already a registered donor, we will tell this to the family when we talk about donation.

To learn more about donation, family members may call one of the agencies listed under "Organ, Tissue, and Cornea Donation Agencies" on page 2 of this handout.

## What is an autopsy?

An autopsy is a medical procedure that is sometimes done after death. It can help find the cause of death. It can also help diagnose the disease that caused the patient's symptoms. An autopsy is done by a doctor with special training in *pathology* (the study of disease).

We offer to have an autopsy done whenever a patient dies. There is no charge to the family for the procedure. We believe that an autopsy can help the family understand their loved one's death and disease. The autopsy results can also help educate healthcare providers, and help improve medical treatment and diagnoses for other patients.

For an autopsy to be done, we must receive consent from the person authorized by Washington state law to give consent for an autopsy. That person must fill out the “UW Medicine Consent/Authorization for Autopsy” form, and their signature must be witnessed. This form has a list of everyone who is authorized to give consent for an autopsy under Washington state law, in order of priority. The consent/authorization may also be given over the phone.

A handout called “The Autopsy” explains more about the procedure. It is in your Bereavement Packet. To learn more, you can also call Autopsy and After Death Services (see phone numbers on page 1).

### **Is an autopsy ever done when it is not requested?**

An autopsy is never done at a UW Medicine facility unless permission is given by the person authorized by Washington state law to give consent for autopsy.

**An autopsy may be required by law** because of the type of death or details about the death. This includes deaths from drug overdoses, injuries, and accidents.

The law requires us to report these types of death to the King County Medical Examiner’s Office (KCME). If the Medical Examiner becomes involved, an autopsy may be done at the office of the KCME.

If KCME pathologists decide that an autopsy must be done, the law allows them to do so. They do not need to get permission from the family. But, the KCME will try to contact the family to talk about the need for the autopsy.

There is no charge for a KCME autopsy. You can call the KCME Office at 206.731.3232.

### **May the family or loved ones ask for an autopsy?**

Yes. Most times, we ask the family of a patient who has died for permission to do an autopsy. If you have not been asked, family members may request that an autopsy be done.

For an autopsy to be done, the person who is authorized by Washington state law to give consent **must** authorize the autopsy. We will not do an autopsy if this person does not give consent, or if we cannot find this person.

If this person gives consent, they can specify what parts of the body may be examined. This person may want to talk with the attending doctor or *pathologist* (a doctor who studies diseases and their causes) when making that decision.

## How long will the body stay in the patient's hospital room?

We know that you may want time with your loved one after death. The body will need to be moved from the patient room a few hours after the death. Nursing staff will talk with you about this.

## Where does the body go once it leaves the patient's hospital room?

Bodies are taken to a secure, refrigerated area in the hospital, called the *morgue*. Bodies can be kept in the morgue for several days, until the family has chosen a funeral home or agency for burial or cremation. After the family makes this choice, staff from the funeral home or agency will arrange to move the body.

## May we take photos of our loved one?

Yes, you may take photos in the deceased's hospital room. Please talk with your nurse or social worker if you wish to take photos in the hospital. They can help you with this.

You may also choose to take photos after your loved one's body has been prepared by the funeral home.

## Family is coming from out of town who want to view the body. Can they view the body at the hospital?

A few hours after the death, the body will be moved from the patient room to the hospital morgue. It is possible to view the body in the morgue, but this must be arranged ahead of time:

- **For UWMC patients:** Call After Death Services at 206.598.4205, or Social Work and Care Coordination at 206.598.4370.
- **For HMC patients:** Call the Nursing Administrative Supervisor at 206.744.3085, or After Death Services at 206.744.3078.

Most times, viewing of the body in the hospital morgue can be scheduled only during regular work hours. Many families choose to have this viewing done at the funeral home they have chosen.

## What happens to our loved one's belongings?

If family members are present when the death occurs, we ask them to take all the patient's belongings with them. If any items are left behind, we will label them with the patient's name and send them to Admitting. The family may pick up the belongings there. They can also



give their funeral director permission to pick up the belongings when funeral home staff come to the hospital to move the body.

## Who fills out the death certificate?

Hospital staff will fill out the “Cause of Death” section on the death certificate. Staff from the funeral home or burial or cremation service will talk with the family to complete the “Personal Data” section of the death certificate. The death certificate cannot be filed or certified without this information.

## How do we get copies of the death certificate?

You can get certified copies of the death certificate from the funeral director you are working with. You can also buy copies from the King County Vital Statistics Department. Call 206.897.5100 or visit their website at [www.kingcounty.gov/healthservices/health/vitalstats.aspx](http://www.kingcounty.gov/healthservices/health/vitalstats.aspx).

## Are there other resources that will be helpful?

We have more handouts that may be helpful to families after a death occurs. Some of these are included in your Bereavement Packet.

You can also find these handouts online at

<https://healthonline.washington.edu>. Use the search word “grief”:

- “After a Death: A guide for the days and weeks ahead”
- “Bereavement Support Services: Resources, support groups, and books”
- “A Guide Through Grief: Mourning the loss of a loved one”

### Questions?

If you have questions about choosing a funeral home, cremation services, autopsy, death certificates, or other related issues, call the After Death Services for your medical center:

**For UWMC patients:** Call 206.598.4205 and ask to speak with a staff member or doctor in Anatomic Pathology.

**For HMC patients:** Call 206.744.3078.