

UW Medicine UNIVERSITY OF WASHINGTON MEDICAL CENTER

ብተደጋጋሚ ንዚሕተቱ ሕቶታት መልሲ

ስድራ አበላትን መሓዙትን ኣብ ውሽጢ ሆስፒታል ዝምተ ሰብ ሕቶታት ከህልፆም ይኸል፡፡ ድሕሪ ምት ታይ ከፍጠር ከምዝኸልል ምፍላዋ ይደልዩ፤ሰራሕተኛታት ሆስፒታልን ስድራ ኣባላት መዋታይን ታይ ምግባር ከምዝደለዪን ንዘድልዩፆም ሃፍቲታት /ሓበሬታታት ከመይ ንይሮም ከምዝረኸቡ ምፍላዋ ይደልዪ፡፡



ንዘጋጠመኩም ሞት ኣዚና ንሓዝን፡፡

እዚ ዶክሜንት ንዝተወሰኑ እዚአም ሕቶታት መልሲ ይህብ ኢልና ንኣምን፡፡እዚአም ቴሌፎናትውን ረብሓ ኣለዎም ኢልና ንኣምን፡፡

ማእኸል ሕክምና ዩኒቨርስቲ ዋሽንባተን (UWMC)

ኞብሊት	206.598.4310
ክትድውሉልና ከለዥም ብክብረትኩም ሽም ትካል ቤት ቀብሪ ወይ መቃፀሲ/መሕረሪ ሬሳ ሒዝኩም ደውሉልና፡፡	ያሳዓ ትሳል
<i>መርመራ ሬሳን ግ</i> ል <i>ጋ</i> ሎት ድሕሪ ሞትን /ስነ-መትከላዊ ሰብነት/	206.598.4205
ብክብረትኩም ብዛሪባ መርመራ ናይ ሬሳ ፡ኣሬፃፅማ ስነ-ስርዓት ቀተ ካልኦት ጉዳያት ዝምልከት ሕቶታት እንተልዩኩም ደውሉልና፡፡	<i>በሪ ከም'ውን ብዛ</i> ሪባ
ሶሻል ዎርክን ኣተሐባባሪ ክንክንን	206.598.4370
ክንክን ግልጋሎት መንፈሳዊን ድሕንነትን	206.598.9174
ቀንዲ ቑፅሪ ቴሌፎን ማእኸል ሕክምና ዩኒቨርስቲ ዋሽንባተን	206.598.3300
ማእኸል ሕክምና ሃርበርቪው (HMC)	
ቅብሊት/ሱፐርቫይዘር ምምሕዳር ነርሲ	206.744.3085
<i>መርመራ</i> ናይ ሬሳን ባ ል <i>ጋ</i> ሎታት ድሕሪ-ሞትን /መፅናዕቲ ስነ-መትከላዊ	ሰብነትን
ክፍሊ አካልን	206.744.3078
ከትድውሉልና ከለኸም ብኸብረትኩም ሽም ትካል ቤት ቀብሪ ወደ <i>መሕረሪ/መቃፀ</i> ሲ ሬሳ ሒዝኩም ደውሉልና፡፡ብዛሪባ መርመራ ሬሳ	

ቀብሪን ካልኦት ጉዳያትን ብዝምልከት'ውን ሕቶታት ምሕታት ትኽእሱ ኢ ሹም።



ሓደ ማሕበራዊ ሰራሕተኛ ብዛዕባ ከግበሩ ዘለዎም ነገራትን ብዛዕባ ሕቲ ከግበሩ ዘለዎም ውሳነታትን ኪሰምዓካን ኬዘራርበካን ይኽჰል ሕዩ ።

ምስ ማሕበራዊ ስራሕተኛ ኸትራኸብ እንተ ደሊ ኻ በጃኻ ምስ አባል ስራሕተኛታት ነርሲ ተዘራረብ ወይ ናብ ማእከል ሕክምናኻ ክፍሊ ማሕበራዊ ስራሕተኛ (ኣብ ገጽ ነ ዘሎ ቝጽርታት ተሌፎን ተጠቒምካ ደውል)

ሰሻል ዎርክ	206.744.8030
ክንክን <i>መ</i> ንፈሳዊ	206.744.3155
ቀንዲ ቑፅሪ ቴሌፎን ማእኸል ሕክምና ዩኒቨርስቲ ዋሽንባተን	206.744.3000
ቤት ትምህርቲ ሕክምና ዩኒቨርስቲ ዋሽንግተን	
ፐሮግራም ውፈያ አካል	206.543.1860
http://wbp.biostr.washington.edu	
ሳብራቶሪ አእምሮ ዩኒቨርስቲ ዋሽንግተንuwnp@uw.edu	206.897.6566
https://dlmp.uw.edu/research-labs/keene/braindonation	
ሓ າ ዛት/ሃፍትታት <i>ጣ</i> ሕበረሰብ	
<i>ሞርጣራይ ሕ</i> ክምና ኪ <i>ንግ</i> ካውንቲ (КСМЕ)	206.731.3232
www.kingcounty.gov/healthservices/health/examiner.aspx	
ኣንደስቲ ሰነዳት/ባ ጀ ላ ምት ኪ <i>ንግ</i> ካውንቲ	206.897.5100
https://kingcounty.gov/depts/records-licensing/archives/researc	ch-guides/vital.aspx
ትካላት <i>ው</i> ፈያ ክ ፋ ል አካል፣ዓይኒ/ኮርኒያን ቲዥን	
ሐፈሻዊ ሓበሬታ ውፈያwww.do	natelifetoday.com
ላይፍ ሴንተር ኖርዝዌስት/LifeCenter Northwest	877.275.5269
ላይፍኔት ሄልዝ ኖርዝዌስት/LifeNet Health Northwest	800.847.7831
ሳይትላይፍ 24-ስዓት ኣተሐባባሪ ውፈያ	800.214.6356
ሳብራቶሪ ኣእምሮ ዩኒቨርስቲ ዋሽንግተንuwnp@uw.edu	ı 206.897.6566

ጠንቂ እቲ ምት ብኸመይ ከንፈልጥ ንኽእል ? ቅድሚ መጣቱ ብዛዕባ እቲ ግዜ ዝርዝር ሓበሬታ ኽንሓትት ንኽእልዶ ?

ጠንቂ ሞት እትፌትዎ ሰብን ክሳዕ ሞት ዝመርሖን እንታይ ምዃኑ ምፍላጥ ሒጋዛይ ክኸውን ይኸእል፡፡ ብዛዕባ እዚ ምስቲ እትፌትውዎ ሰብ ክከናኸን ንዝነበረ ሓኪም ክትዘራረቡ ነተባብዕ ። እቲ ሓኪም ብዛዕባ ከይዲ ኣመዋውታን ጠንቂ እቲ ሞት እንታይ ኪኸውን ከም ዜኸእልን ኣመልኪቱ ንዚለዓሉ ሕቶታት ክምልስ ይኸእል እዩ ።

ብእተኻለኩም መጠን ቀልጢፍኩም ንኣላዪት ሕሙጣት/ነርሲ ምስ ሓኪሙ ክትዘራረብ ከም እትደሊ ንገሩዋ/ዎ። እቲ ሓኪም ኣብዚ እዋን እዚ ኣብ ሆስፒታል እንተ ዘየለ/ላ ኣላዪት ሕሙጣት/ነርሲ ብኸመይ ንዶክተራት ከም እትበጽሖም ክትነባረካ ትኽእል እያ።

ጠንቂ ሞት ክትፈልጡ እት ሽእልሉ ኻልእ *መገዲ መርመራ* ሬሳ ምግባር እዩ ። ብዛሪባ መርመራ ሬሳ ዝያዳ ሽትፈልጥ እንተ ደሊ ኹም ብኽብረትኩም ኣብ *ገ*ጽ 5ን 6ን ርኣዩ።

ኣባል ሰራሕተኛ ሆስፒታል ምስ ስድራ ኣባላት መዋታይ ስዒቦም ብዘለው ጉዳያት ኪዘራረቡ ይኽእሉ፡፡

- ተፈታዊ መዋታይ ክፍለ-አካል፣ቲዥን ዓይኒን(ኮርኒያ) ለጋሳይ ክኸውን ምኽኣሉን ዘይምኽኣሉን ብዝምልከት ንምፍላጥ ምስ ትካላት ወፈያ ብሓባር ይሰርሑ፡፡
- መርመራ ሬሳ ንኽካየድ ምባባር

• ባጀላ ሞት ንኽሕተም ምስ ትካላት ኣባይት ቀብሪ ብሓባር ምስራሕ፡፡

አባላት ስድራ ቤት ወይካዓ ሕጋዊ ተወካሊ ናይቲ *መ*ዋታይ ከምዚ ዝስ**ዕብ ብምባል** ይውስኑ

- ተደሊዮም መርጣራ ሬሳ ንኽግበር፡፡ እዚ ካዓ መዋታይ ካብ ዝመውት ድሕሪ ብርክት ዝበሉ መዓልቲታት ክኸውን ይኽእል፤እዚ ጊና ቅድሚ ስነ-ስርዓት ቀብሪ ወይካዓ ግብኣተ-መሬት ወይካዓ ሬሳ ምቅፃል ምክያዱ ክኸውን ይግባእ፡፡ ቆፃራ ኣብ ምግባር'ውን ሓደ ሓደ ጉዳያት ክህልው ይኽእሉ እዮም፡፡ ሓደ ሓደ ግዘ ካዓ መርመራ ሬሳ ምግባር ብሕጊ ኣገዳሲ ክኸውን ከምዝኸእል ምልላይ ፅቡኞ እዩ(ንገፅ-5 ረኣዩ)፡፡

ገለ ኻብቲ ድሕሪ ሞት ኪዕየ ዘለዎ ሕጋዊ ዕዮታት ኣብ ውሽጢ መዝንብ ከይዲ ኣተሐዛዝና ተሓቢሩ ኣሎ፡፡ እቲ "ድሕሪ ሞት" ከምኡውን "ምውጣን ቀብሪ" ዘርእስቱ ጽሑፍ ብዛዕባ ረብሓታት ማሕበራዊ ውሕስነትን ናይ ህይወት መድሕንን ኑዛዘን ናይ ባንክ ሕሳብን እንታይ ከባበር ከምዘለዎ ይገልጽ። እታ"ንቐብሪ መደብ ምግባር" እትብል ብዛዕባ መረፃ ግልጋሎት ስነ-ስርዓት ቀብሪ ወይካዓ ሬሳ ምንዳድ መሰረታዊ ሓበሬታ ዝሓዘት እያ።

ኣብ ምቐባር ወይ ምንዳድ ሬሳ እንታይ ኢና *ን*ንብር?

ኣብ ከባቢ ሲያትል ብዙሓት ናይ ቀብሪ ኣባይትን መቃጸሊ ሬሳታትን ኣለዉ። *ገ*ለ ሰባት ቤት ቀብሪ ወይ መቃጸሊ ሬሳ ዝመርፁ እቲ ቦታ ብዘለዎ ቅርበት ወይካዓ ካብ ቤተሰብ ወይ ፈተውቲ ብዝረኽብዎ ምኽሪ ተመርኲሳም እዮም፡፡

እዚ ሆስፒታል ናይ ቀብሪን ሬሳ ምንዳድን ኣገልግሎት ኣይህብን፡፡ ብዛዕባ ካልኦት ትካላት ቤት ቀብሪ ወይ ኣገልግሎቶም እውን ምኽሪ ኣይንህብን ። ጊና ውሳነ ንኽትወስዱ ዝሕግዙዥም ሓበሬታታት/ፍልፍላት ንህብ ኢና። በጃዥም ኣብቲ ናይ ሓዘን ፓኬት "ምውጣን ቀብሪ" ዝብል ጽሑፍ ርኣዩ።

• ንትሓከምቲ ማእሽል ሕክምና ዩኒቨርስቲ ዋሽንባተን

- ንቐብሊት ብ 206.598.431 ወይካዓ ን ደሕሪ-ሞት ኣንልግሎት ብ 206.598.4205 ደውሉ፡፡
- ሰራሕተኛታት ቤት ቀብሪ ወይ መቃጸሊ ሬሳ እውን ናብ ማእሽል ሕክምና ዩኒቨርስቲ ዋሽንግተን ክፍሊ ቅብሊት ወይ ድሕሪ ሞት ኣገልግሎት ደዊሎም ነቲ ሬሳ ንምግዓዝ ምድላዋት ክንብሩ እዮም።
- ናይ ማእሽል ሕክምና ዩኒቨርስቲ ዋሽንግተን ሰራሕተኛ ማሕበራዊ ግልጋሎትን ኣተሐባባሪ ክንክንን ወይካዓ ድሕሪ-ሞት አገልግሎት ኣብ ፍሉያት ጉዳያት፤ከም ሬሳ ካብ ስቴት- ስቴት ወይካዓ ሃገር ምግዓዝ ወይካዓ ቀጥታዊ ኣገልግሎት ምሕራር ሬሳ ኣብ ምርካብ ክሕግዛዥም እዮም።

• ንትሓከምቲ ማእሽል ሕክምና ሃርበርቪው

- ን አ*ገ*ልባሎት ድሕሪ-ሞት ብ 206.744.3078 ደውሉ፡፡
- ነቲ ሬሳ ንምባዓዝ ምድላዋት ንምባባር ሰራሕተኛታት ቤት ቀብሪ ወይ መቃጻሊ ሬሳ ናብ ማእኸል ሕክምና ዩኒቨርስቲ ዋሽንባተን ድሕሪ ሞት ኣገልባሎት ቴሌፎን ክድውሉ እዮም።

ብቸጥታ ሬሳ ምንጓድ/ምሕራር እንታይ እዩ?

ብቐጥታ ምንዳድ ሬሳ ክበሃል እንከፈሎ እቲ ሬሳ ቐድሚ ምንዳዱ ብመድሃኒት ሬሳ ኣይዕቀብን ወይ ብዠዀነ ይኹን መንዲ ቐርፂ ንኽህልዎ ኣይዳሎን ማለት እዩ። ስርዓተ-ቀብሪ ወይካዓ ዝከረ-ሞት ግን ክካየድ ይኽእል፡፡ብዛዕባ ቐጥታ ምንዳድ ሬሳ ዝያዳ ንምፍላጥ ክሪሜሽን ሰርቪስስ "Cremation Services" ንዝብል ኣብ ኢንተርኔት ርኣዩ፡፡

ንቤት ቀብሪ ክፍሊት ምክፋል እንተዘይክኢልናኸ?

ገንዘብ ዜተሓሳስበኩም እንተዀይኑ ብዛዕባ ትሑት ዋ*ጋ* ዘለዎም ቤት ቐብሪ ምስ ሓደ *ጣ*ሕበራዊ ሰራሕተኛ ሽትዘራረቡ ሕተቱ።

<u>ኣካላት እቲ እነፍቅሮ ሰብ ንስነ-ፍልጠት ክንውፊ ንደሊ እንተደኣ ኮይናኸ?</u>

እቲ ፕሮግራም ንኣካላት(ሬሳ) ነፍቅሮ ሰብ ወፊያ ክቐበል ምዃኑን ዘይምዃኑን ንምፍላፕ ስድራ ቤታት ኣብ እዋን ስራሕ ካብ 8፡00 a.m. ክሳዕ 4፡30 p.m. ኣብ ዘሎ ሰዓት ብ 206.543.1860 ክትድውሉ ኣለኩም፡፡ እቲ ወፊያ ቐልጢፉ ኺግበር ስለ ዘለዎ ስድራ ቤታት ድሕሪ ሞት ብእተኻእለን መጠን ቀልጢፈን ነቲ መደብ ወፊያ ኣካላት/ሬሳ ክድውላ ኣለወን ።

እቲ ወፈያ ተቐባልነት እንተ ዘይረኺቡ እቲ ስድራቤት ንኣካላት/ሬሳ ዘፍቅሩዎ ሰብ ንምክንኻን ካልእ ምድላዋት ክንብሩ ኣለዎም፡፡ እቲ መደብ ወፈያ ኣካል አንልማሎት መርመራ ሬሳ ኣይህብን፡፡

ሬሳዥም ንምውፋይ ተደሊዥም ኞድሚ ምጧትኩም ብሂወት እናሃለዥም ክተመልክቱ ይባባእ፡፡ ዝያዳ ኸትፈልጡ እንተደሊዥም ን https://www.uwmedicine.org/school-ofmedicine/about/willed-body-program ተወከሱ፡፡

ኣብ ስነ ፍልጠት ኣበርክቶ/ወፌያ ንንብረሱ እንኽእል ኻልእ መንዲ ካዓ ነቲ ኽፍሊ ስነ ቐርጿ መርመራ ሬሳ ንኽንብር ፍቓድ ምሕታት እዩ ። መርመራ ሬሳ ንሓካይም፣ ንተምሃሮ ሕክምና፣ ነቶም ኣብ ክሊኒካዊ ሕክምናን ሕጣምን ንዝስልጥኑ ሰባት ከምኡውን ንኻልኦት ኣለይቲ ኽንክን ጥዕናን ተጣሃሮን ስልጠና ይህቦም ኢዩ ።

ዋህዮታት/ቲሹ ሓንጎል መዋታይ ስድራ ኣባልና ኽንውፊ እንተ ደሊናኸ?

እዚኦም ወሬያታት ተመራመርቲ ኣብ መንጎ ንቡር ሓንጎልን እቶም ብኒውሮዲጀነሬሽን (ኣብ ሓንጎል ዝርከቡ ፍሉያት ዋህዮታት ምጥፋእ) ዝተጠቐውን ወይከዓ ብከቢድ/ዘስካሕክሕ ሓዴጋ ዝተጠቐውን ፍልልይ ንኽፈልጡ ይሕግዞም፡፡

ኣብ ክፍሊ ላቦራቶሪ ሕክምናን ፓቶሎጇን/ስነ-መፅናዕቲ ቲዥ ዝርከብ ባዮሪፖዚቶሪን ኢንተግሬትድ ኒውሮፓቶሎጇ (BRaIN) ላቦራቶሪ ንተመራመርቲ ሕክምና ዝኸውን ቲዥታት ሓንንል ይእከብ። እዚአም ተመራመርቲ ሓንንል ስርሑ ብከመይ ከምዝሰርሕ የፅንው፡፡ ስድራኣባላት ብዛሪባ'ቲ ካብ ሓንንል ዝፌትውዎ ሰብ ዝተገበረ መፅናዕቲ ውፅኢ/ፀብጻብ ክረኸቡ'ዮም።

ንዋህዮ/ቲሹ ሓንጎል መዋታይ ንምውፋይ ስድራ ኣባላት ምስ ላብራቶሪ ባዮሪፖዚቶሪን ኢንተግሬትድ ኒውሮፓቶሎጂን (BRaIN) ምድላዋት ክግበሩ ኣለዎም፡፡ ዝተረፈ ክፋል ሬሳ ንምውፋይ ድጣ ምስ ፕሮግራም ልገሳ ክፍሊ አካል ክዘራረቡ ይግባእ፡፡ ዝያዳ ኽትፈልጡ እንተደሊዥም ነዚ ርኣዩ https://dlmp.uw.edu/research- labs/keene/braindonation ፡፡

ሓደ ሰብ ብዛዕባ ምል*ጋ*ስ አካላትን ቲሹን ምሳና ክዛረብ ድዩ?

ቀፅሪታት ማእኸል ሕክምና ዩኒቨርስቲ ዋሽንግተን ኣብ ከባቢኡ ምስዝርከቡ ትካላት ወፌያ/ልገሳ ክፍሊ አካል ብሓባር ይሰርሕ፡፡ እዚአም ትካላት ን ላይፍ ሴንተር ኖርዝዌስት፣ላይፍ ሄልዝ ኖርዝዌስትን ሳይት ላይፍን የካትት፡፡ኣብ ሆስፒታል ዘጋጥም ኩሉ ሞት ነዘን ትካላት ንነግረን ኢና፡፡

ሓደ ሰብ ኣካል፡ ቲሹ ወይ ኮርኒያ/ዓይኒ ለጋሲ ክኸውን ይኽእል ድዩ ኣይክእልን ኣብ ምውሳን ብዙሓት ጉዓያት ኣብ ግምት ይኣትዉ። እቲ ሕመም:-

- ናይ ቲሹ ወይ ኮርኒያ/ዓይኒ ለጋሲ ክኸውን እንተኺኢሉ ፡- ምስ ሕጋዊ ቀረባ ዘመዱ ብዛዕባ ወሬያ ክንዘራረብ ኢና። ድሕሪ ሞቱ ኣብ ውሽጢ ቁሩብ ሰዓታት ምስዚ ሰብ/ዘመድ ክንራኸብ ኢና።
- ናይ ክፍሊ-ኣካል /ኦር*ጋ*ን ለ*ጋ*ሲ ክኸውን እንተኺኢሉ፡-ቅድሚ ደ*ገ*ፍ *መተገ*ፈሲ *ማ*ሽን ምቁራው/ ደው ምባሉ ምስ ሕጋዊ ቀረባ ዘመዱ ብዛዕባ ወፈ*ያ ግ*ድን ክንዘራረብ ኣለና፡፡

እቲ ተሓካጣይ ቀደም ዝተመዝገበ ለ*ጋ*ሲ/ወፋይ እንተኾይኑ ብዛዕባ ወፈያ ምስ ስድራ አባላት ክንዘራረብ እንከለና ክነፍልጦ/ጣ ኢና፡፡

ብዛዕባ ወዲያ ዝያዳ ልምፍሳጥ ኣባላት ስድራ ኣብ ትሕቲ "ትካላት ልንሳ ክፍሊ-ኣካል/አርጋን፣ቲዥን ኮርኒያ/ዓይኒን " ካብ ዝቐረቡ ኤጀንሲታት ነቲ ሓደ ምድዋል ይኽእሱ እዮም፡፡

መርመራ ሬሳ እንታይ እዩ?

መርመራ ሬሳ ሓደ ሓደ ግዘ ድሕሪ ሞት ዝግበር ሕክምና መስርሕ እዩ፡፡ ጠንቂ ሞት ንምርካብ ይሕግዝ እዩ፡፡ ነቲ ጠንቂ ናይቲ ሕሙም ምልክታት ዝፈጠረ ሕጣም'ውን ንምፍላጥ ክሕግዝ ይኽእል'ዩ። መርመራ ሬሳ ብፍሉይ ስልጠና ፓቶሎጂ (መጽናዕቲ ሕጣም) ዘለዎ ሓኪም ይግበር።

ሓደ ተሓካማይ ክመውት እንክሎ መርመራ ሬሳ ንኽግበር ግልጋሎት ነቐርብ፡፡ ንመርመራ ሬሳ ዝምልከት ንስድራቤት ዝኾነ ይኹን ክፍሊት የለን። መርመራ ሬሳ ስድራ ኣባላት መዋታይ ዝመተሉ ምኽንያትን ናይቲ ሕማም እንታይነትን ብዝበለፀ ንኽፌልጡውን ይሕግዝ፡፡ እቲ ውጽኢት መርመራ ሬሳ ንወሃብቲ ከንክን ጥዕና ንምምሃር እውን ክሕግዝ ይኽእል እዩ፡ ከምኡ'ውን ከይዲ ሕክምናን መርመራታትን ካልአት ሕመጣት ንኽክመሓየሽ ከሕግዝ ይኽእል።መርመራ ሬሳ ንኽግበር፡ ካብቲ ብሕጊ ዋሽንግተን ስቴት ፍቓድ ዝተዋህበ ሰብ መርመራ ሬሳ ንኽንንብር ፍቓድ ክንረክብ ኣለና። እዚ ሰብ "ፈቓድ መርመራ ሬሳ ሕክምና ዩኒቨርስቲ ዋሽንግተን " ንዝብል ቅጥዒ ክመልእ ኣለዎ፤ ብፌርጣሉ ድጣ ክረጋንፅ ኣለዎ። እዚ ቅጥዒ እዚ ብመሰረት ሕጊ ዋሽንግተን ስቴት ንመርመራ ሬሳ ፍቓድ ክህቡ ፍቓድ ዘለዎም ዝርዝር ኩሎም ሰባት ብቅድም ሰዓብ ይሕብር ። እቲ ፍቓድ ብተሌፎን እውን ክወሃብ ይኽእል እዩ።

"መርመራ ሬሳ" ዝብል ዶክሜንት ብዛዕባ ኣካይድኡ/መስርሑ ብስፍሓት ይህብር፡፡ኣብ ውሽጢ ከይዲ ኣተሐዛዝና ኣብ ዝብል ጥራዝ/ፓኬት ትረኽቡዎ ኢኹም፡፡ ዝያዳ ልምፍላጥ ንመርመራ ሬሳን ኣገልግሎት ድሕሪ-ሞትን ደውሉ(ቴሌፎኖም ኣብ ገፅ-ነ ረኣዩ)፡፡

መርመራ ሬሳ ኣብ ዘይተሓተተሉ እዋን ተገይሩ ይፈልጥ ድዩ?

ብመሰረት ሕጊ ዋሽንግተን ውሳነ ንኽህብ ዝተወከለ አካል መርመራ ሬሳ ንኽግበር ክሳዕ ዘይፈቐደ ኣብ ቀፅሪ ሕክምና ዩኒቨርስቲ ዋሽንግተን መርመራ ሬሳ ኣይግበርን፡፡

ብሰንኪ ዓይነት ሞት ወይ ብዛዕባ እቲ ሞት ዝገልጽ ዝርዝር ሓበሬታ **መርመራ ሬሳ ብሕጊ ከድለ ይኽእል እዩ።** እዚ ድማ ብሰንኪ ልዕሊ ዓቐን መድሃኒት ዝመጽእ ሞት፡ መጉዳእትን ሓዴጋን የጠቓልል።

ዝርዝር ናይዚአም ዓይነት ሞታት ናብ ቤት ፅሕፈት መርመርቲ ኪንግ ካውንቲ (KCME) ሪፖርት ንኽንንብር ብሕጊ ንግደድ፡፡ እቲ ሕክምናዊ መርጣሪ እንተተሳትፉ መርመራ ሬሳ አብ ቤት ፅሕፈት መርመራ ኪንግ ካውንቲ (KCME) ክካየድ ይኽእል፡፡

ኣብ ቤት ፅሕፈት መርመራ ኪንግ ካውንቲ (KCME) ዝርከቡ ፓቶሎጂስታት/ሓካይምን ኣፅነዕቲን ሕጣትን መርመራ ሬሳ ክግበር ኣለዎ ኢሎም እንተ ወሲኖም፡ እቲ ሕጊ መርመራ ሬሳ ክንብሩ ይፈቐደሎም። ፈቓድ ስድራ ቤት ኣይፅበዩን፡፡ ይኹንዳኣምበር ቤት ፅሕፈት መርመራ ኪንግ ካውንቲ (KCME) ብዛዕባ ኣድላይነት መርመራ ሬሳ ንስድራ ኣባላት ፀዊዑ ከዘራርብ ይኽል፡፡

ብቤት ፅፌት መርመርቲ ሕክምና ኪንባ ካውንቲ (KCME) ዝባበር መርመራ ሬሳ ክፍሊት የብሉን፡፡ ናብ ቤት ፅፌት መርመርቲ ሕክምና ኪንባ ካውንቲ (KCME) ብ 206.731.3232 ምድዋል ትኸእሉ ኢኹም፡፡

እዎ፡- ኣብ መብዛሕቲሉ እዋን መርመራ ሬሳ ንኽንንብር ፈቓድ ስድራ ኣባላት ሓተትቲ ነሕና ኢና፡፡ እንድሕር ዘይተሓተትኩም ግን ስድራ ኣባላት መርመራ ሬሳ ንኽግበር ምሕታት ትኽእሉ ኢዥም፡፡

መርመራ ሬሳ ንኽግበር፡ እቲ ብሕጊ ዋሽንግተን ስቴት ፍቓድ ንኽህብ ስልጣን ዝተዋህቦ ሰብ ነቲ መርመራ ሬሳ ፍቓድ ግድን ክህብ ኣለዎ። እዚ ሰብ ፍቓድ እንተዘይሂቡ፡ ወይ ነዚ ሰብ ክንረኽቦ እንተዘይክኢልና መርመራ ሬሳ ኣይንንብርን ኢና።

እዚ ሰብ እዚ ፍቓድ እንተሂቡ፡ ኣየኖት ክፍሊ ኣካላት ክምር*ማ*ሩ ከምዘለዎም *ባ*ድን ብንፁር ክሕብር ኣለዎ፡፡

እዚ ሰብ ውሳነኡ ንኽውስን ምስ ቐንዲ ሓኪም መዋታይ ወይ ካዓ ምስ ኣፅነዕቲ ዶክተራት ናይ ሕማጣትን ጠንቂታትን-ፓቶሎጅስታት ከዘራረብ ይኽእል፡፡

እቲ ሬሳ ኣብ ክፍሊ ሆስፒታል ናይ'ቲ ሕ**ሙም ክሳብ መ**ዓስ'ዩ ክጸንሕ?

ድሕሪ ሞት እትፈትውዎ ሰብ ስድራ ኣባላት ግዘ ከምዘድልየኩም ንፈልጥ፡፡ ድሕሪ ሞት ቁሩብ ሰዓታት ሬሳ ስድራኹም ካብ ክፍሊ ሕሙጣት ናብ ካልእ ቦታ ክጋዓዝ እዩ፡፡ ብዛሪባ ዜ ጉዳይ ነርሲታት ከዘራረባዥም እዮም፡፡

እቲ ሬሳ ካብ ክፍሊ ተሓከምቲ ሆስፒታል ከ*ጋ*ዓዝ እንከሎ ናበይ እዩ ዝ*ጋ*ዓዝ?

ሬሳታት ናብቲ ኣብ ሆስፒታል ዝርከብ ውሑስነትን ፍሪጅን ናብ ዘለዎ መቐመጢ ሬሳ ይውሰድ፡ እዚ ድማ መአከቢ ሬሳ /ሞርግ ይበሃል፡፡ ስድራ ኣባለት መዋታይ ንመቐበር ወይ ንመቃጸሊ ዝኸውን ናይ ቀብሪ ቤት ወይ ትካል መቃፀሊ ሬሳ ክሳዕ ዝመርፁ ሬሳታት ኣብ መቐመጢ ሬሳታት ንሓያሎ መዓልታት ክቐመጡ ይኽእሉ ፡፡ ስድራ ኣባላት መዋታይ ድሕሪ ምምራፅ ትካል ስነ-ስርዓት ቀብሪ ወይ መቃፀሊ ኣባል ሰራሕተኛ እዚአም ትካል ዝኾነ ሰብ እቲ ሬሳ ንኽጋዓዝ ንኩነታት የዳሊ፡፡

ንመዋታይ አባል ስድራና ክንስእሎ ንኸእል ዲና?

እዎ፡፡ ግን ስእሊ ምስኣል ዝካኣል ጥራይ ኣብ ውሽጢ ክፍሊ መወቲ/ሬሳ ናይ ቲ ሆስፒታል እዩ፡፡ ካብዚ ብተወሳኺ ትካል ቤት ቀብሪ ወይ መቃፀሊ ሬሳ ነቲ በድኒ/ሬሳ ድሕሪ ምምቻው 'ውን ክትስእሉ ትኽእሉ ኢኹም፡፡

ስድራ አባላት ነቲ ሬሳ ንምርኣይ ካብ ከተማ ወፃኢ *መ*ፂአም ኣለው፤ነቲ ሬሳ ምርኣይ ይኽእሉ ድዮም?

ድሕሪ ሞት ቁሩብ ሰዓታት እቲ ሬሳ ካብ ክፍሊ ሕሙጣት ናብ መቐመጢ/መአከቢ ሬሳ ክጋዓዝ እዩ፡፡ ነቲ ሬሳ ኣብ መኽዘን ሬሳ ምርኣይ ይከኣል እዩ፣ እዚ ግን ኣቐዲሙ ክስራዕ ስለዘለዎ ቐዲምኩም ክተዳልው ይግባእ፡፡

- ንተሓከምቲ ማእኸል ሕክምና ዩኒቨርሰቲ ዋሽንባተን ፡-ንኣገልግሎት ድሕሪ-ሞት ብ 206.598.4205 ወይካዓ ን ክኢላ ግልጋሎት ማሕበረሰብ/ሶሻል ወርክን ንመተሐባበሪ ሽንክንን ብ 206.598.4370 ደውሉ፡፡
- **ንተሓከምቲ ማእኸል ሕክምና ሃርበርቪው ፡-**ን ሱፐርቫይዘር ምምሕዳር ነርስ ብ 206.744.3085 ወይካዓ ንግል*ጋ*ሎት ድሕሪ ሞት ብ 206.744.3078 ደውሉ፡፡

መብዛሕትሉ ግዘ ኣብ ውሽጢ መኽዘን ሬሳ ናይቲ ሆስፒታል ንሬሳ ልምርኣይ ቆፃራ ምግባር ዝካኣል ኣብ ስሩዕ ናይ ስራሕ ሰዓታት ጥራይ እዩ መደብ ክግበር ዝኽልል፡፡ ብዙሓት ስድራቤታት እዚ ምርኣይ ኣብቲ ዝመረፁዎ ቤት ቀብሪ/መሕረሪ ሬሳ ክግበር ይመርፁ፡፡

ንብረት መዋታይ ኣባል ስድራና እንታይ እዩ ዝኸውን?

ኣብ ወቅቲ ሞት ተሓካማይ ኣባላት ስድራ መዋታይ እንተፀኒሖም ኩሉ ንብረት መዋታይ ንኽወስዱ ይግበር፡፡ እትዘንገዐ ክፋል ንብረት መዋታይ እንተሃልዩ ሽም ተሓካማይ ብዘለዎ መጠቀዒ ኣብ ልዕሊ ንብረቱ ምስተጠቀዓ ናብ ክፍሊ ቅብሊት ይውሰድ፡፡ ኣባላት ስድራ መዋታይ ንዝተዘንገዑ ንብረታት ካብ ክፍሊ ቅብሊት ክወስዱ ይኽእሉ፡፡ ካብዚ ብተወሳኺ ሰራሕተኛ ኣባል ቤት ቀብሪ ነቲ ሬሳ ልምውሳድ ናብ ሆስፒታል ክመፅእ እንከሎ ንዝተዘንገዑ ንብረታት መዋታይ ሓዊሱ ንኽወሰድ ኣባላት ስድራ መዋታይ ንዳይሬክተር ቤት ቀብሪ ፈቓድ ክህቡ ይኽእሉ እዮም፡፡

ን ባጀላ/ሰርተፊኬት ሞት ዝመልአ መን'ዩ?

ኣብቲ ባጀላ "ጠንቂ ሞት" ንዝብል ክፍሊ ኣባል ሰራሕተኛ ሆስፒታል ይመልኦ፡፡ ኣብቲ ባጀላ "ሓበሬታ ውልቀ-ሰብ " ንዝብል ካዓ ኣባል ሰራሕተኛ ቤት ቀብሪ ወይ ትካ መሕረሪ ሬሳ ምስ ስድራ አባላት መዋታይ ብሓባር ክመልእዎ ይኽእሉ፡፡ ብዘይ እዚኤን ወሰንቲ ሓበሬታታት ባጀላ ሞት ክረ*ጋነፅ* ኣይክእልን፡፡

ባጀላ /ሰርተፊኬት ሞት ከመይ እንረኽቦ ንኽእል ?

ካብቲ ዳይሬክተር እቲ ትሰርሑሉ ዘለኹም ቤት ቀብሪ/መቃፀሊ ሬሳ ባጀላ/ሰርተሬኬት ሞት ዝተረጋገጸ ቅዳሕ ክትረኽቡ ትኽእሉ ኢኹም።

ካብ ክፍሊ ኣንደስቲ/ክቡር መዝንብ ኪንግ ካውንቲ ነቲ ኞዳሕ ምግዛእ ትኽእሉ ኢኹም፡፡ ንዝበለፀ ሓበሬታ ኣብ https://kingcounty.gov/depts/health/vital-statistics.aspx ተወከሱ፡፡

ሓንዝቲ ዝኾኑ ካልአት ደንፋት/ሓበሬታታት ኣለው?

ሞት ምስ ኣጋጠመ ንስድራቤታት ሓንዝቲ ክኾኑ ዝኽእሱ ተወሳኺ ጽሑፋት ኣለዉና። *ገ*ለ ካብዚአም ኣብ ናይ ሓዘን ፓኬትኩም ተኻቲቶም ኣለዉ።

ነዞም ጥራዛት ብኢንተርነት እውን ኣብዚ ክትረኽብዎም ትኽእሉ ኢኹም። https://healthonline.washington.edu. Use the search word "grief":

- "ድሕሪ ሞት፡- ንቐድሚት ዝመፅኡ መዓልትታትን ሰሙናትን ዝሕብር መምርሒ"
- "ኣገልግሎት ደገፍ ሓዘን፡- ፀጋታት፣ደገፍ ጉጅለታትን መፃሕፍትን"
- "መምሪሒ ከይዲ ኣተሐዛዝና፡- መልቐስ ኣብ እንፈትዎ ሰብ ሞት"

ሕቶታት?

- □ ብዛዕባ ምምራጽ ቤት ቀብሪ፣ ኣገልግሎት ምሕራር ሬሳ፣ መርመራ ሬሳ፣ ምስክር ወረቐት ሞት፣ ወይ ካልእ ተዛመድቲ ጉዳያት ሕቶታት እንተሃልዩኩም፡ ኣብ ማእሽል ሕክምናኹም ናብ ዝርከብ ኣገልግሎት ድሕሪ ሞት
- □ ንተሓከምቲ ጣእኸል ሕክምና ዩኒቨርስቲ ዋሽንግተን ብ 2065984205 ደዊልኩም ምስ ኣባል ሰራሕተኛ ወይ ሓኪም ኣናቶሚክ ፓቶሎጇ (ጠንቂ ሕጣም ዘፅንው) ተዘራረቡ።
- □ ንተሓከምቲ ማእሽል ሕክምና ሃርበርቪው ብ 206.744.3078 ደውሉ፡፡



When a Loved One Dies in the Hospital

Answers to common questions

We are very sorry for your loss. We know that this handout may be hard to read right now.

This handout answers many of the questions you may have at this time. It also gives phone numbers you may need and website resources.

Families and friends of a patient who has died in the hospital have questions. They want to know what happens after the death, what hospital staff and family members need to do, and how to find the resources they need.



We are very sorry for your loss.

We hope this handout answers some of these questions. You may also find these phone numbers helpful:

University of Washington Medical Center (UWMC)

Admitting	206.598.4310
Please call us with the name of the funeral home or will be using.	cremation facility you
Autopsy and After Death Services/Anatomic Path	ology206.598.4205
Please call us with questions about disposition, aut	opsy, and other issues.
Social Work and Care Coordination	206.598.4370
Spiritual Care & Wellbeing	206.598.9174
Main UWMC number	206.598.3300

Harborview Medical Center (HMC)

Admitting/Nursing Administrative Supervisor......206.744.3085 Autopsy and After Death Services/Anatomic Pathology...206.744.3078

Please call us with the name of the funeral home or cremation facility you will be using. You can also ask us questions about disposition, autopsy, and other issues.



A social worker can listen and talk with you about some of the things that will need to be done and decisions that will need to be made.

If you would like to meet with a social worker, please talk with the nursing staff or call the Social Work department for your medical center (see phone numbers on page 1).

Social Work
University of Washington School of Medicine Willed Body Program
University of Washington School of Medicine Willed Body Program
Willed Body Program
http://wbp.biostr.washington.edu UW BRaIN Laboratoryuwnp@uw.edu 206.897.6566 https://dlmp.uw.edu/research-labs/keene/braindonation Community Resources King County Medical Examiner (KCME)
http://wbp.biostr.washington.edu UW BRaIN Laboratoryuwnp@uw.edu 206.897.6566 https://dlmp.uw.edu/research-labs/keene/braindonation Community Resources King County Medical Examiner (KCME)
https://dlmp.uw.edu/research-labs/keene/braindonation Community Resources King County Medical Examiner (KCME)
King County Medical Examiner (KCME) 206.731.3232
King County Vital Statistics/Death Certificates206.897.5100
https://kingcounty.gov/depts/records-licensing/archives/research-guides/vital.aspx
Organ, Tissue, and Cornea Donation Agencies
General information on donationwww.donatelifetoday.com
LifeCenter Northwest
LifeNet Health Northwest800.847.7831
SightLife 24-Hour Donor Coordinator800.214.6356

How do we find out the cause of the death? Can we ask for details about the time before the death?

UW BRaIN Laboratory.....uwnp@uw.edu | 206.897.6566

It can be helpful to know the cause of a loved one's death and what led up to the death. We encourage you to talk about this with the doctor who managed your loved one's care. The doctor can answer questions about the dying process and what may have caused the death.

As soon as you can, please tell your nurse that you would like to speak with the doctor. If the doctor is not at the hospital at the moment, your nurse can tell you how to reach them.

Another way to find out the cause of death is to have an autopsy done. Please see pages 5 and 6 to learn more about autopsies.

When a loved one dies, what does their family need to do?

Hospital staff will talk with the family of the deceased about:

 Working with donation agencies to find out if their loved one can be an organ, tissue, or cornea donor

- Having an autopsy done
- Working with the funeral home to fill out the death certificate
 Family members or the legal representative of the deceased will decide:
- If they want an autopsy to be done. This can be several days after the death, but the autopsy must be done before a funeral, burial, or cremation. There may be scheduling issues to think about. Note that an autopsy is sometimes required by law (see page 5).
- Where their loved one's body will go for a funeral, burial, or cremation. This decision can be made several days after death.

Some of the legal tasks that must be done after a death are explained in the handouts in your Bereavement Packet. The handouts "After a Death" and "Planning a Funeral" explain what needs to be done about Social Security and veteran's benefits, life insurance, wills, and bank accounts. "Planning a Funeral" also includes basic information about choosing a funeral or cremation service.

What do we do about burial or cremation?

There are many funeral homes and cremation facilities in the Seattle area. Some people choose a funeral home or cremation facility based on its location or advice from family or friends.

The hospital does not provide funeral, burial, or cremation services. We also do not give advice about other facilities or their services.

After you have decided about funeral, burial, or cremation, please call us with the name of the funeral home or cremation facility:

• For UWMC patients:

- Call Admitting at 206.598.4310 or After Death Services at 206.598.4205.
- The funeral home or cremation facility staff will also call UWMC
 Admitting or After Death Services to arrange to move the body.
- UWMC Social Work and Care Coordination or After Death Services can help you with special issues, such as moving the body out of the state or country, or finding a direct cremation service.

• For HMC patients:

- Call After Death Services at 206.744.3078.
- The funeral home or cremation facility staff will also call HMC After Death Services to arrange to move the body.

- HMC Social Work or After Death Services can help you with special issues, such as moving the body out of the state or country, or finding a direct cremation service.

What is direct cremation?

Direct cremation means that the body is not embalmed (preserved) or prepared in any way before it is cremated. A funeral or memorial service can still be held. To learn more about direct cremation, search for "Cremation Services" on the internet.

What if we cannot afford a funeral home?

If money is a concern, ask to talk with a social worker for ideas on lower-cost funerals.

What if we want to donate our loved one's body to science?

Donating a body for scientific purposes can be done **only** under certain conditions. The Willed Body Program at the Department of Biological Structure (Anatomy) at the University of Washington will accept **some** bodies for donation.

To see if the program will accept their loved one's body for donation, families must call 206.543.1860 weekdays from 8 a.m. to 4:30 p.m. Because the donation needs to happen quickly, families should call the Willed Body Program as soon as they can after the death occurs.

If the donation is not accepted, the family will need to make other arrangements for taking care of their loved one's body. The Willed Body Program does not provide autopsy services.

You can apply to become a body donor before death occurs. To learn more, visit www.uwmedicine.org/school-of-medicine/about/willed-body-program.

Another way to contribute to science is to give our Anatomic Pathology department permission to do an autopsy. Autopsies help provide training for attending doctors, medical students, residents in clinical medicine and pathology, and other healthcare providers and students.

What if we want to donate our loved one's brain tissue?

Many people know about the life-saving impact of organ donation, but less people know how helpful brain tissue donations are. Brain tissue donations from individuals with and without a history of brain disease are both important for medical research. Donations help researchers learn about differences between the normal brain and those affected by *neurodegeneration* (the loss of specific cells in the brain) or a traumatic brain injury.

The Biorepository and Integrated Neuropathology (BRaIN) Laboratory in the Department of Laboratory Medicine and Pathology collects brain tissues for medical researchers. These researchers study how the brain functions. Families will receive a report about the findings from their loved one's brain.

Families may arrange with the BRaIN lab to donate their loved one's brain tissue and with the Willed Body Program to donate the rest of the body. To learn more, visit https://dlmp.uw.edu/research-labs/keene/braindonation.

Will someone talk with us about organ and tissue donation?

UW Medicine facilities work with local donation agencies. These agencies include LifeCenter Northwest, LifeNet Health Northwest, and SightLife. We tell these agencies about all deaths that occur in the hospital.

Many issues are considered in deciding if someone can be an organ, tissue, or cornea donor. If the patient can be:

- A tissue or cornea donor, we will talk with their legal next of kin about donation. We will contact this person within a few hours after the death.
- An organ donor, we must talk with their legal next of kinabout donation **before** breathing support is stopped.

If the patient is already a registered donor, we will tell this to the family when we talk about donation.

To learn more about donation, family members may call one of the agencies listed under "Organ, Tissue, and Cornea Donation Agencies" on page 2 of this handout.

What is an autopsy?

An autopsy is a medical procedure that is sometimes done after death. It can help find the cause of death. It can also help diagnose the disease that caused the patient's symptoms. An autopsy is done by a doctor with special training in *pathology* (the study of disease).

We offer to have an autopsy done whenever a patient dies. There is no charge to the family for the procedure. We believe that an autopsy can help the family understand their loved one's death and disease. The autopsy results can also help educate healthcare providers, and help improve medical treatment and diagnoses for other patients.

For an autopsy to be done, we must receive consent from the person authorized by Washington state law to give consent for an autopsy. That person must fill out the "UW Medicine Consent/Authorization for Autopsy" form, and their signature must be witnessed. This form has a list of everyone who is authorized to give consent for an autopsy under Washington state law, in order of priority. The consent/authorization may also be given over the phone.

A handout called "The Autopsy" explains more about the procedure. It is in your Bereavement Packet. To learn more, you can also call Autopsy and After Death Services (see phone numbers on page 1).

Is an autopsy ever done when it is not requested?

An autopsy is never done at a UW Medicine facility unless permission is given by the person authorized by Washington state law to give consent for autopsy.

An autopsy may be required by law because of the type of death or details about the death. This includes deaths from drug overdoses, injuries, and accidents.

The law requires us to report these types of death to the King County Medical Examiner's Office (KCME). If the Medical Examiner becomes involved, an autopsy may be done at the office of the KCME.

If KCME pathologists decide that an autopsy must be done, the law allows them to do so. They do not need to get permission from the family. But, the KCME will try to contact the family to talk about the need for the autopsy.

There is no charge for a KCME autopsy. You can call the KCME Office at 206.731.3232.

May the family or loved ones ask for an autopsy?

Yes. Most times, we ask the family of a patient who has diedfor permission to do an autopsy. If you have not been asked, family members may request that an autopsy be done.

For an autopsy to be done, the person who is authorized by Washington state law to give consent **must** authorize the autopsy. We will not do an autopsy if this person does not give consent, or if we cannot find this person.

If this person gives consent, they can specify what parts of the body may be examined. This person may want to talk with the attending doctor or *pathologist* (a doctor who studies diseases and their causes) when making that decision.

How long will the body stay in the patient's hospital room?

We know that you may want time with your loved one after death. The body will need to be moved from the patient room a few hours after the death. Nursing staff will talk with you about this.

Where does the body go once it leaves the patient's hospital room?

Bodies are taken to a secure, refrigerated area in the hospital, called the morgue. Bodies can be kept in the morgue for several days, until the family has chosen a funeral home or agency for burial or cremation. After the family makes this choice, staff from the funeral home or agency will arrange to move the body.

May we take photos of our loved one?

Yes, you may take photos in the deceased's hospital room. Please talk with your nurse or social worker if you wish to take photos in the hospital. They can help you with this.

You may also choose to take photos after your loved one's body has been prepared by the funeral home.

Family is coming from out of town who want to view the body. Can they view the body at the hospital?

A few hours after the death, the body will be moved from the patient room to the hospital morgue. It is possible to view the body in the morgue, but this must be arranged ahead of time:

- **For UWMC patients:** Call After Death Services at 206.598.4205, or Social Work and Care Coordination at 206,598,4370.
- **For HMC patients:** Call the Nursing Administrative Supervisor at 206.744.3085, or After Death Services at 206.744.3078.

Most times, viewing of the body in the hospital morgue can be scheduled only during regular work hours. Many families choose to have this viewing done at the funeral home they have chosen.

What happens to our loved one's belongings?

If family members are present when the death occurs, we ask them to take all the patient's belongings with them. If any items are left behind, we will label them with the patient's name and send them to Admitting. The family may pick up the belongings there. They can also give their funeral director permission to pick up the belongings when funeral home staff come to the hospital to move the body.

Who fills out the death certificate?

Hospital staff will fill out the "Cause of Death" section on the death certificate. Staff from the funeral home or burial or cremation service will talk with the family to complete the "Personal Data" section of the death certificate. The death certificate cannot be filed or certified without this information.

How do we get copies of the death certificate?

You can get certified copies of the death certificate from the funeral director you are working with. You can also buy copies from the King County Vital Statistics Department. Call 206.897.5100 or visit their website at www.kingcounty.gov/healthservices/health/vitalstats.aspx.

Are there other resources that will be helpful?

We have more handouts that may be helpful to families after a death occurs. Some of these are included in your Bereavement Packet.

You can also find these handouts online at

https://healthonline.washington.edu. Use the search word "grief":

- "After a Death: A guide for the days and weeks ahead"
- "Bereavement Support Services: Resources, support groups, and books"
- "A Guide Through Grief: Mourning the loss of a loved one"

Questions?

If you have questions about choosing a funeral home, cremation services, autopsy, death certificates, or other related issues, call the After Death Services for your medical center:

- ☐ For UWMC patients: Call 206.598.4205 and ask to speak with a staff member or doctor in Anatomic Pathology.
- ☐ For HMC patients: Call 206.744.3078.