



# When You Go Home

*Your discharge instructions*

Date \_\_\_\_\_ Your Doctor \_\_\_\_\_

Procedure \_\_\_\_\_

Activity Restrictions \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Incision and Dressing Care \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Pain Management \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Symptoms to Report to Your Doctor \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## Calling the Clinic

If you have any questions or concerns about your procedure, your care at home, or your follow-up visit:

Call the \_\_\_\_\_ Clinic on weekdays between 8:30 a.m. and 4:30 p.m. at \_\_\_\_\_. After hours and on holidays and weekends, call 206-598-6190 and ask for the resident on call for the \_\_\_\_\_ service to be paged.

## Your Follow-Up Appointment

Clinic \_\_\_\_\_ Phone \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_