Your Appointments for Essure Placement

What to expect

You are scheduled for an Essure placement for permanent birth control. This handout will help you keep track of your appointments and who you will meet with at each one.

- **Please arrive 15 minutes early for all of your appointments.**
- Parking is available in the garage below the building. See next page for parking information and a map.
- Bring your parking ticket to the front desk to be validated for discounted parking.

Pre-op Appointment

Your **pre-op appointment** is with Dr. _____ on

_____, _____, at _____.
DAY DATE TIME

At this visit, you will:

- Learn how to prepare for your procedure.
- Receive information about the medicines you will need to take.
- Be able to ask questions.
- Receive the handout "Your Essure Placement." Please follow the instructions in that handout.

Placement Appointment

The same doctor you met with at your pre-op visit will do your Essure placement procedure. Your **Essure placement procedure** will be on

_____, _____, at _____.
DAY DATE TIME

Your pre-op and Essure placement appointments will be at:

Women's Health Care Center, Roosevelt Clinic
4245 Roosevelt Way N.E., 3rd Floor
Seattle, WA

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Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Women's Health Care Center:

Weekdays between 8 a.m. and 5 p.m., please call the clinic at 206-598-5500 and ask to speak with a nurse.

After hours and on weekends and holidays, call 206-598-6190 and ask for the gynecology doctor on call to be paged.

_____

_____

_____

_____

Follow-up Appointment

Your 3-month **follow-up appointment** is with Dr. _____ on

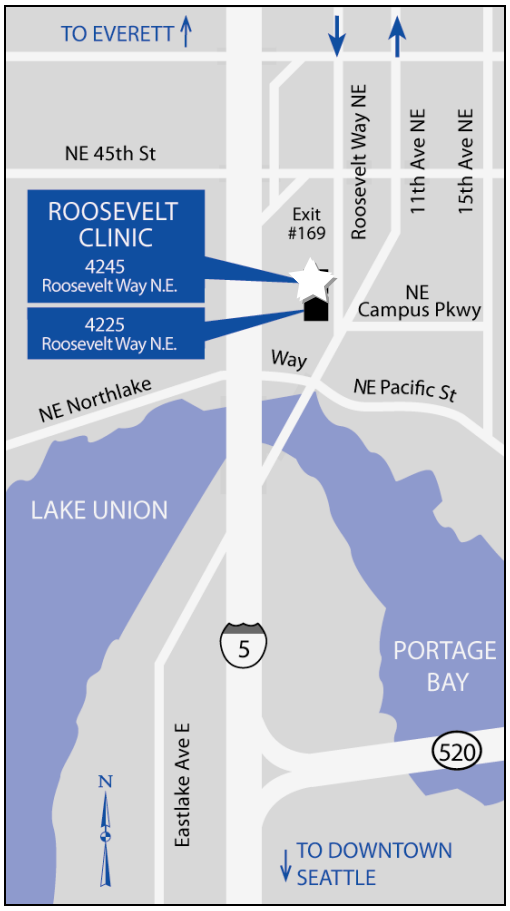
_____, _____, at _____.
DAY DATE TIME

- Please check in for this appointment at Radiology on the 2nd floor of the Roosevelt Clinic.
- At your follow-up visit, you will have an X-ray test called a *hysterosalpingogram* (HSG). This test checks the placement of your Essure insert.

Important Information About Birth Control

Until your doctor confirms the placement of your Essure at your 3-month follow-up appointment, it is **not** effective birth control. You **must** use a back-up birth control method for 3 months after your Essure is placed.

Map to Women's Health Care Center



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